

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Open

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	29	Piotr	Olesiewicz	1992	M	Józefosław	00:08:30.6	00:08:51.8	00:33:42.0	00:08:31.6	00:59:36.1	1		M30-39/1
2	7	Michał	Dąbrowski	1984	M	Warsaw	00:08:52.1	00:09:28.4	00:32:21.5	00:09:08.2	00:59:50.3	2		M30-39/2
3	2	Łukasz	Biernacki	1986	M	Garwolin	00:08:58.3	00:09:24.7	00:32:20.7	00:09:17.4	01:00:01.2	3		M30-39/3
4	25	Maciej	Narożnik	1986	M	Radom	00:09:55.3	00:10:12.2	00:34:43.0	00:09:55.0	01:04:45.6	4		M30-39/4
5	31	Marcin	Pietrak	1986	M	Warsaw	00:09:42.1	00:10:17.1	00:34:53.8	00:10:03.6	01:04:56.7	5		M30-39/5
6	19	Jarosław	Kaminski	1984	M	Warszawa	00:10:09.5	00:10:15.2	00:34:33.9	00:10:05.1	01:05:03.8	6		M30-39/6
7	43	Jarosław	Walusinski	1991	M	Pulawy	00:10:08.3	00:10:31.8	00:34:19.3	00:10:24.7	01:05:24.1	7		M30-39/7
8	22	Marcin	Komoszyński	1986	M	Biała Podlaska	00:10:13.8	00:10:39.3	00:34:16.4	00:10:44.7	01:05:54.4	8		M30-39/8
9	49	Grzegorz	Zambrowski	1989	M	Warszawa	00:10:41.1	00:10:48.8	00:35:22.1	00:10:46.3	01:07:38.5	9		M30-39/9
10	3	Tomasz	Bujko	1984	M	Wielgolas	00:10:11.5	00:10:30.5	00:36:15.2	00:11:00.1	01:07:57.5	10		M30-39/10
11	35	Rafał	Skalski	1988	M	Piastów	00:10:35.6	00:10:41.0	00:36:35.6	00:10:14.6	01:08:07.0	11		M30-39/11
12	36	Piotr	Strzeżysz	1973	M	Trąbki	00:09:42.6	00:10:07.6	00:39:04.8	00:10:22.0	01:09:17.1	12		M40-49/1
13	18	Katarzyna	Jonio	1981	K	Szeligi	00:10:11.7	00:10:36.9	00:37:50.3	00:10:44.3	01:09:23.3	1		K40-99/1
14	1	Artur	Bąk	1972	M	Góra Kalwaria	00:10:44.0	00:11:01.1	00:36:58.3	00:10:47.9	01:09:31.4	13		M50-59/1
15	45	Olaf	Woder	1982	M	Garwolin	00:09:59.8	00:10:56.3	00:37:45.7	00:11:15.3	01:09:57.2	14		M40-49/2
16	21	Kacper	Kirkiewicz	1994	M	Warszawa	00:10:35.0	00:10:56.3	00:37:25.6	00:11:15.3	01:10:12.4	15		M16-29/1
17	28	Sebastian	Ochenkowski	1987	M	Warszawa	00:10:28.4	00:11:40.4	00:37:29.5	00:10:49.4	01:10:27.8	16		M30-39/12
18	38	Mateusz	Szewczyk	1987	M	Sulejówek	00:10:26.0	00:11:03.8	00:37:38.5	00:11:31.9	01:10:40.4	17		M30-39/13
19	13	Bartłomiej	Garnek	1992	M	Sobolew	00:10:00.7	00:10:08.6	00:40:59.1	00:09:49.9	01:10:58.5	18		M30-39/14
20	42	Jarosław	Walecki	1984	M	Pilawa	00:11:12.5	00:11:23.1	00:37:09.6	00:11:26.1	01:11:11.5	19		M30-39/15
21	50	Kamil	Zawadka	1990	M	Pilawa	00:10:21.1	00:10:41.7	00:38:54.5	00:11:18.9	01:11:16.3	20		M30-39/16
22	26	Dominika	Nowacka	1991	K	Warsaw	00:10:24.6	00:10:48.9	00:39:58.6	00:11:13.3	01:12:25.6	2		K30-39/1
23	16	Tomasz	Janeczko	1981	M	Piaseczno	00:10:32.0	00:11:10.4	00:40:16.3	00:11:31.1	01:13:30.0	21		M40-49/3
24	23	Piotr	Konieczny	1994	M	Miętne	00:11:11.7	00:12:13.4	00:38:26.6	00:11:44.4	01:13:36.3	22		M16-29/2

25	48	Tomasz	Zaborowski	1975	M	Ożarów Mazowiecki	00:10:49.8	00:11:57.3	00:39:06.5	00:11:50.2	01:13:43.9	23	M40-49/4
26	8	Emil	Duch	1985	M	Warszawa	00:11:30.4	00:11:45.5	00:39:10.8	00:11:28.5	01:13:55.4	24	M30-39/17
27	27	Daniel	Nowicki	1979	M	Garwolin	00:09:56.9	00:10:27.9	00:43:06.3	00:10:49.5	01:14:20.7	25	M40-49/5
28	11	Agnieszka	Flont	1992	K	Garwolin	00:10:42.8	00:10:51.6	00:42:22.4	00:11:09.5	01:15:06.4	3	K30-39/2
29	41	Stawoir	Toporowski	1962	M	Minsk Mazowiecki	00:11:46.4	00:11:50.8	00:39:51.9	00:11:43.6	01:15:12.9	26	M60-99/1
30	37	Tomasz	Szeląg	1970	M	Mińsk Mazowiecki	00:11:48.5	00:11:52.2	00:39:56.6	00:12:01.3	01:15:38.7	27	M50-59/2
31	4	Luca	Campobasso	1991	M	Łódź	00:11:12.4	00:11:38.8	00:41:30.8	00:11:33.0	01:15:55.2	28	M30-39/18
32	15	Jacek	Horszczaruk	1967	M	Warszawa	00:11:56.8	00:12:02.0	00:39:50.3	00:12:11.5	01:16:00.8	29	M50-59/3
33	14	Marcin	Gujski	1981	M	Mińsk Mazowiecki	00:11:48.8	00:12:09.7	00:39:54.8	00:12:30.5	01:16:23.9	30	M40-49/6
34	51	Maciej	Zysek	1988	M	Garwolin	00:10:50.1	00:11:40.4	00:43:25.0	00:11:32.6	01:17:28.2	31	M30-39/19
35	33	Korneliusz	Sionek	1980	M	Garwolin	00:10:58.8	00:11:36.3	00:43:08.7	00:11:59.0	01:17:42.9	32	M40-49/7
36	20	Ewelina	Kaska-Łobodowska	1984	K	Siennica	00:11:31.2	00:12:15.0	00:44:10.7	00:11:54.4	01:19:51.4	4	K30-39/3
37	6	Marcin	Chróst	1980	M	Mińsk Mazowiecki	00:10:51.9	00:11:09.3	00:45:54.2	00:11:57.2	01:19:52.7	33	M40-49/8
38	10	Łukasz	Dzięcielski	1978	M	Mińsk Mazowiecki	00:10:51.7	00:11:09.3	00:45:51.2	00:12:00.5	01:19:52.9	34	M40-49/9
39	34	Barbara	Skaczkowska	1980	K	Warszawa	00:12:22.3	00:12:16.9	00:44:04.8	00:12:04.1	01:20:48.3	5	K40-99/2
40	46	Piotr	Wojdat	1987	M	Garwolin	00:11:47.8	00:12:04.9	00:44:44.2	00:12:21.9	01:20:58.9	35	M30-39/20
41	53	Agnieszka	Ragus-Suszczyńska	1993	K	Warszawa	00:10:59.9	00:12:13.4	00:49:05.4	00:12:45.9	01:25:04.7	6	K16-29/1
42	47	Krzysztof	Wycisłowski	1954	M	Mińsk Mazowiecki	00:13:00.6	00:13:35.0	00:45:32.3	00:14:01.9	01:26:10.0	36	M60-99/2
43	32	Ewa	Romanowska	1988	K	Warszawa	00:13:14.7	00:14:26.6	00:49:46.8	00:16:04.1	01:33:32.3	7	K30-39/4
44	9	Urszula	Dzięcielska	1978	K	Mińsk Mazowiecki	00:13:35.8	00:14:22.2	00:55:30.4	00:14:22.9	01:37:51.4	8	K40-99/3
45	17	Małgorzata	Jaroń	1995	K	Gmina Garwolin	00:13:27.5	00:13:47.9	00:56:46.8	00:14:52.6	01:38:55.0	9	K16-29/2
46	39	Sebastian	Telakowski	1992	M	Ząbki	00:13:27.3	00:13:49.6	00:56:47.3	00:14:51.2	01:38:55.6	37	M30-39/21
47	24	Zenon	Michalik	1962	M	Garwolin	00:10:58.6	00:10:44.4	01:17:31.8	22:20:45.0	DNF		DNF

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Mężczyźni 60-99

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	41	Sławoir	Toporowski	1962	M	Minsk Mazowiecki	00:11:46.4	00:11:50.8	00:39:51.9	00:11:43.6	01:15:12.9	26		M60-99/1
2	47	Krzysztof	Wycisłowski	1954	M	Mińsk Mazowiecki	00:13:00.6	00:13:35.0	00:45:32.3	00:14:01.9	01:26:10.0	36		M60-99/2
3	24	Zenon	Michalik	1962	M	Garwolin	00:10:58.6	00:10:44.4	01:17:31.8	22:20:45.0	DNF			DNF

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Mężczyźni 50-59

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	1	Artur	Bąk	1972	M	Góra Kalwaria	00:10:44.0	00:11:01.1	00:36:58.3	00:10:47.9	01:09:31.4	13		M50-59/1
2	37	Tomasz	Szeląg	1970	M	Mińsk Mazowiecki	00:11:48.5	00:11:52.2	00:39:56.6	00:12:01.3	01:15:38.7	27		M50-59/2
3	15	Jacek	Horszczaruk	1967	M	Warszawa	00:11:56.8	00:12:02.0	00:39:50.3	00:12:11.5	01:16:00.8	29		M50-59/3

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Mężczyźni 40-49

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	36	Piotr	Strzeżysz	1973	M	Trąbki	00:09:42.6	00:10:07.6	00:39:04.8	00:10:22.0	01:09:17.1	12		M40-49/1
2	45	Olaf	Woder	1982	M	Garwolin	00:09:59.8	00:10:56.3	00:37:45.7	00:11:15.3	01:09:57.2	14		M40-49/2
3	16	Tomasz	Janeczko	1981	M	Piaseczno	00:10:32.0	00:11:10.4	00:40:16.3	00:11:31.1	01:13:30.0	21		M40-49/3
4	48	Tomasz	Zaborowski	1975	M	Ożarów Mazowiecki	00:10:49.8	00:11:57.3	00:39:06.5	00:11:50.2	01:13:43.9	23		M40-49/4
5	27	Daniel	Nowicki	1979	M	Garwolin	00:09:56.9	00:10:27.9	00:43:06.3	00:10:49.5	01:14:20.7	25		M40-49/5
6	14	Marcin	Gujski	1981	M	Mińsk Mazowiecki	00:11:48.8	00:12:09.7	00:39:54.8	00:12:30.5	01:16:23.9	30		M40-49/6
7	33	Korneliusz	Sionek	1980	M	Garwolin	00:10:58.8	00:11:36.3	00:43:08.7	00:11:59.0	01:17:42.9	32		M40-49/7
8	6	Marcin	Chróst	1980	M	Mińsk Mazowiecki	00:10:51.9	00:11:09.3	00:45:54.2	00:11:57.2	01:19:52.7	33		M40-49/8
9	10	Łukasz	Dzięcielski	1978	M	Mińsk Mazowiecki	00:10:51.7	00:11:09.3	00:45:51.2	00:12:00.5	01:19:52.9	34		M40-49/9

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Mężczyźni 30-39

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	29	Piotr	Olesiewicz	1992	M	Józefosław	00:08:30.6	00:08:51.8	00:33:42.0	00:08:31.6	00:59:36.1	1		M30-39/1
2	7	Michał	Dąbrowski	1984	M	Warsaw	00:08:52.1	00:09:28.4	00:32:21.5	00:09:08.2	00:59:50.3	2		M30-39/2
3	2	Łukasz	Biernacki	1986	M	Garwolin	00:08:58.3	00:09:24.7	00:32:20.7	00:09:17.4	01:00:01.2	3		M30-39/3
4	25	Maciej	Narożnik	1986	M	Radom	00:09:55.3	00:10:12.2	00:34:43.0	00:09:55.0	01:04:45.6	4		M30-39/4
5	31	Marcin	Pietrak	1986	M	Warsaw	00:09:42.1	00:10:17.1	00:34:53.8	00:10:03.6	01:04:56.7	5		M30-39/5
6	19	Jarosław	Kaminski	1984	M	Warszawa	00:10:09.5	00:10:15.2	00:34:33.9	00:10:05.1	01:05:03.8	6		M30-39/6
7	43	Jarosław	Walusinski	1991	M	Puławy	00:10:08.3	00:10:31.8	00:34:19.3	00:10:24.7	01:05:24.1	7		M30-39/7
8	22	Marcin	Komoszyński	1986	M	Biała Podlaska	00:10:13.8	00:10:39.3	00:34:16.4	00:10:44.7	01:05:54.4	8		M30-39/8
9	49	Grzegorz	Zambrowski	1989	M	Warszawa	00:10:41.1	00:10:48.8	00:35:22.1	00:10:46.3	01:07:38.5	9		M30-39/9
10	3	Tomasz	Bujko	1984	M	Wielgolas	00:10:11.5	00:10:30.5	00:36:15.2	00:11:00.1	01:07:57.5	10		M30-39/10
11	35	Rafał	Skalski	1988	M	Piastów	00:10:35.6	00:10:41.0	00:36:35.6	00:10:14.6	01:08:07.0	11		M30-39/11
12	28	Sebastian	Ochenkowski	1987	M	Warszawa	00:10:28.4	00:11:40.4	00:37:29.5	00:10:49.4	01:10:27.8	16		M30-39/12
13	38	Mateusz	Szewczyk	1987	M	Sulejówek	00:10:26.0	00:11:03.8	00:37:38.5	00:11:31.9	01:10:40.4	17		M30-39/13
14	13	Bartłomiej	Garnek	1992	M	Sobolew	00:10:00.7	00:10:08.6	00:40:59.1	00:09:49.9	01:10:58.5	18		M30-39/14
15	42	Jarosław	Walecki	1984	M	Piława	00:11:12.5	00:11:23.1	00:37:09.6	00:11:26.1	01:11:11.5	19		M30-39/15
16	50	Kamil	Zawadka	1990	M	Piława	00:10:21.1	00:10:41.7	00:38:54.5	00:11:18.9	01:11:16.3	20		M30-39/16
17	8	Emil	Duch	1985	M	Warszawa	00:11:30.4	00:11:45.5	00:39:10.8	00:11:28.5	01:13:55.4	24		M30-39/17
18	4	Luca	Campobasso	1991	M	Łódź	00:11:12.4	00:11:38.8	00:41:30.8	00:11:33.0	01:15:55.2	28		M30-39/18
19	51	Maciej	Zysek	1988	M	Garwolin	00:10:50.1	00:11:40.4	00:43:25.0	00:11:32.6	01:17:28.2	31		M30-39/19
20	46	Piotr	Wojdat	1987	M	Garwolin	00:11:47.8	00:12:04.9	00:44:44.2	00:12:21.9	01:20:58.9	35		M30-39/20
21	39	Sebastian	Telakowski	1992	M	Ząbki	00:13:27.3	00:13:49.6	00:56:47.3	00:14:51.2	01:38:55.6	37		M30-39/21

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Mężczyźni 16-29

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	21	Kacper	Kirkiewicz	1994	M	Warszawa	00:10:35.0	00:10:56.3	00:37:25.6	00:11:15.3	01:10:12.4	15		M16-29/1
2	23	Piotr	Konieczny	1994	M	Miętne	00:11:11.7	00:12:13.4	00:38:26.6	00:11:44.4	01:13:36.3	22		M16-29/2

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Kobiety 40-99

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	18	Katarzyna	Jonio	1981	K	Szeligi	00:10:11.7	00:10:36.9	00:37:50.3	00:10:44.3	01:09:23.3	1		K40-99/1
2	34	Barbara	Skaczkowska	1980	K	Warszawa	00:12:22.3	00:12:16.9	00:44:04.8	00:12:04.1	01:20:48.3	5		K40-99/2
3	9	Urszula	Dzięcielska	1978	K	Mińsk Mazowiecki	00:13:35.8	00:14:22.2	00:55:30.4	00:14:22.9	01:37:51.4	8		K40-99/3



# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Kobiety 30-39

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	26	Dominika	Nowacka	1991	K	Warsaw	00:10:24.6	00:10:48.9	00:39:58.6	00:11:13.3	01:12:25.6	2		K30-39/1
2	11	Agnieszka	Flont	1992	K	Garwolin	00:10:42.8	00:10:51.6	00:42:22.4	00:11:09.5	01:15:06.4	3		K30-39/2
3	20	Ewelina	Kaska-Łobodowska	1984	K	Siennica	00:11:31.2	00:12:15.0	00:44:10.7	00:11:54.4	01:19:51.4	4		K30-39/3
4	32	Ewa	Romanowska	1988	K	Warszawa	00:13:14.7	00:14:26.6	00:49:46.8	00:16:04.1	01:33:32.3	7		K30-39/4

# VII Duathlon Garwoliński

Klasyfikacja: Dystans 5/20/2,5

Kategoria: Kobiety 16-29

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	PK1	PK2	PK3	PK4	Meta	K	M	Kat.
1	53	Agnieszka	Ragus-Suszczyńska	1993	K	Warszawa	00:10:59.9	00:12:13.4	00:49:05.4	00:12:45.9	01:25:04.7	6		K16-29/1
2	17	Małgorzata	Jaroń	1995	K	Gmina Garwolin	00:13:27.5	00:13:47.9	00:56:46.8	00:14:52.6	01:38:55.0	9		K16-29/2