

III Półmaraton LASY NAD UTRATĄ

Dystans: 21,195km

Data : 18.09.2021

Wyniki :

OPEN	IMIĘ	NAMIZSKO	NR	PLEĆ	KLUB	KAT. WIEK.	MSC. W KAT.	KAT. DOD.	POMIAR 1	POMIAR 2	POMIAR 3	BRUTTO	NETTO
1	TOMASZ	MIKULSKI	85	M	UKS FILIPIDES TERESIN	ELITA M	1		00:21:33	00:42:09	01:01:52	01:21:47	01:21:45
2	DANIEL	PLUTA	101	M	TEAMPLUTT	ELITA M	2		00:21:33	00:42:09	01:02:20	01:22:25	01:22:23
3	DAMIAN	FALANDYSZ	28	M	WPRUNNING PRUSZKÓW	ELITA M	3		00:21:34	00:42:12	01:02:26	01:22:40	01:22:39
4	JAN	CZAPLINSKI	21	M	KOMOBKE SCOTT	M30	1		00:21:35	00:42:12	01:02:33	01:23:08	01:23:06
5	KS. KRYSZTIAN	STRYCHARSKI	123	M	TRAILOWE BIEGI DUCHOWE	M30	2		00:22:12	00:43:47	01:05:21	01:26:42	01:26:40
6	LUKASZ	KORBACZ	49	M		M30	3		00:22:27	00:44:14	01:06:05	01:28:22	01:28:19
7	KAMIL	CZERNIICH	23	M	ROZBIEGANE MICHALOWICE	M30	4		00:22:27	00:44:48	01:07:21	01:29:52	01:29:51
8	KONRAD	PIETRUSIAK	96	M	PLANTACJA PIETRUSZKI	M30	5		00:22:57	00:45:31	01:08:26	01:31:14	01:31:13
9	KRZYSZTOF	DĄBKOWSKI	25	M	ROZBIEGANE MICHALOWICE	M40	1	Michalowice	00:24:01	00:48:01	01:11:49	01:35:33	01:35:31
10	MAREK	GALINSKI	32	M		M40	2		00:21:35	00:44:33	01:09:53	01:36:17	01:36:14
11	JÓZEF	KOWALSKI	54	M		M50	1		00:24:18	00:48:12	01:12:13	01:36:40	01:36:36
12	MARCIN	KIESZCZYŃSKI	46	M	ROZBIEGANE MICHALOWICE	M40	3		00:25:48	00:49:55	01:13:50	01:37:16	01:36:54
13	MARCIN	BODZIACHOWSKI	12	M	ERACENT RUNNING TEAM	M40	4		00:24:52	00:49:19	01:13:52	01:37:10	01:37:00
14	MICHAŁ	JEZERSKI	41	M		M40	5		00:24:30	00:49:03	01:13:39	01:37:06	01:37:02
15	MARIUSZ	BORKOWSKI	13	M		M40	6		00:25:48	00:50:00	01:13:54	01:37:17	01:37:15
16	PAWEŁ	KUCHARCZYK	64	M	ROZBIEGANE MICHALOWICE	M50	2	Michalowice	00:25:48	00:49:59	01:13:52	01:37:17	01:37:15
17	ROBERT	SZEWCEK	126	M		M50	3		00:25:50	00:49:55	01:14:03	01:38:39	01:38:32
18	WOJCIECH	BUDZICH	14	M	KB TKKF PROMYK CIECHANÓW	M40	7		00:24:46	00:49:17	01:13:58	01:38:51	01:38:48
19	TOMASZ	DULIBAN	26	M	BIEGAJ Z URSUSEM	M30	6		00:25:22	00:49:52	01:14:21	01:39:13	01:39:08
20	JANUSZ	FALANDYSZ	29	M	WPRUNNING PRUSZKÓW	M60+	1		00:24:49	00:49:17	01:13:58	01:39:14	01:39:12
21	TOMASZ	ZEGARSKI	148	M		M40	8		00:26:44	00:52:21	01:16:29	01:39:33	01:39:16
22	MARIUSZ	PODBIELSKI	103	M		M40	9		00:25:48	00:50:09	01:15:09	01:40:02	01:39:49
23	KRZYSZTOF	MASZCZYŃSKI	79	M	BIEGNĘ, ZEBY BARTEK MOĞŁ BIEGAĆ.	M30	7		00:26:06	00:51:31	01:16:28	01:40:04	01:40:04
24	TOMASZ	KRYSIK	61	M		M30	8		00:26:22	00:51:32	01:16:22	01:40:06	01:40:06
25	ARKADIUSZ	ROZŃSKI	111	M	UKS '4 URSUS' WARSZAWA	M50	4		00:25:50	00:50:31	01:15:37	01:40:11	01:40:06
26	SEBASTIAN	ZASINA	142	M	RUBEZAH_TEAM	M30	9		00:26:07	00:51:31	01:16:25	01:40:27	01:40:18
27	PIOTR	MAZUR	82	M	PIASECZNO	M30	10		00:25:29	00:49:56	01:14:46	01:40:25	01:40:20
28	MAGDA	SEKSCINSKA	115	K	GRUPA BIEGOWA UM W-WA	ELITA K	1		00:26:15	00:51:31	01:16:25	01:40:57	01:40:54
29	DAMIAN	STELMACH	120	M	DOGOŃ GRODZISK MAZOWIECKI	M40	10		00:26:09	00:51:25	01:16:20	01:41:04	01:41:00
30	MACIEJ	JASTRZĘBSKI	40	M	AIRBUS POLAND	M40	11	Michalowice	00:26:44	00:52:21	01:16:40	01:42:22	01:42:05
31	ARTUR	KOŹLIUK	56	M		M40	12		00:25:44	00:51:09	01:16:44	01:42:16	01:42:10
32	TOMASZ	MIRONCZUK	87	M		M50	5		00:26:16	00:51:41	01:17:20	01:42:24	01:42:14
33	LUKASZ	SZCZECZAK	125	M		M30	11		00:26:21	00:51:36	01:17:02	01:42:38	01:42:33
34	TOMASZ	ANUSZEWSKI	7	M		M50	6		00:26:19	00:51:41	01:17:04	01:42:59	01:42:53
35	Jakub	Aksamit	149	M	Rowerowy Biegacz	M30	12		00:29:50	00:55:25	01:22:02	01:47:36	01:42:55
36	TADEUSZ	FOJUD	31	M	WPRUNNING PRUSZKÓW	M30	13		00:26:00	00:51:26	01:17:17	01:44:00	01:43:54
37	ROBERT	ROMANKIEWICZ	110	M		M50	7	Michalowice	00:27:54	00:54:20	01:20:07	01:44:22	01:44:01
38	PRZEMYSŁAW	KRUPINSKI	99	M	TENPO PRYMA SORT	M30	14		00:26:55	00:52:54	01:19:20	01:44:38	01:44:24
39	ARTUR	PIETRZYKOWSKI	59	M		M40	13		00:27:29	00:53:56	01:19:46	01:45:04	01:44:49
40	ARKADIUSZ	JÓZWIAK	42	M		M40	14		00:26:43	00:52:46	01:19:49	01:45:36	01:45:34
41	PAWEŁ	ZAWADA	143	M	BIEGAM NA TARCHOMINIE	M30	15		00:26:09	00:51:35	01:18:12	01:46:28	01:46:24
42	TOMASZ	WOJENKA	140	M	WPRUNNING PRUSZKÓW	M40	15		00:26:42	00:52:19	01:19:19	01:46:37	01:46:31
43	MAREK	ZGORZELSKI	144	M		M40	16		00:28:14	00:54:43	01:21:20	01:47:16	01:47:00
44	DOMINIK	MATUZEWICZ	80	M		M40	17	Michalowice	00:26:44	00:53:00	01:19:46	01:47:11	01:47:04
45	MARIUSZ	TENDERENDA	130	M		M30	16	Michalowice	00:28:13	00:54:25	01:20:30	01:47:46	01:47:27
46	AGNIESZKA	PIETRZAK	97	K	DOGOŃ GRODZISK MAZOWIECKI	ELITA K	2		00:26:43	00:53:21	01:20:26	01:47:43	01:47:38
47	WOJCIECH	SANTAREK	114	M		M40	18		00:26:12	00:51:56	01:19:27	01:48:13	01:48:02
48	GRZEGORZ	PANKOWSKI	92	M	KOSI MAZAKI TEAM	M30	17		00:29:35	00:57:32	01:23:37	01:48:21	01:48:04
49	ANNA	KOBA	48	K		ELITA K	3	Michalowice	00:27:34	00:54:36	01:21:36	01:48:30	01:48:28
50	JAN	GROŃSKI	35	M	BIEGACZ ŚWIĘTOKRZYSKI	M60+	2		00:27:07	00:54:10	01:21:59	01:49:15	01:49:05
51	MICHAŁ	BARDAŃ	9	M	BBKS ŁAWCZKA WILANÓW	M40	19		00:26:28	00:53:24	01:21:23	01:50:06	01:49:58
52	PAULINA	GRUMBANIN	37	K		K40	1		00:27:07	00:54:09	01:21:58	01:50:15	01:50:09
53	ARTUR	BADYSZ	8	M	PARKRUN PRUSZKÓW	M40	20		00:26:45	00:53:01	01:20:09	01:52:19	01:52:16
54	KRZYSZTOF	OPALA	91	M	BIEGAJĄCE OPALY	M40	21		00:26:39	00:53:28	01:21:27	01:52:22	01:52:18
55	ANDRZEJ	KRAJZA	57	M		M50	8		00:29:56	00:58:16	01:25:12	01:52:54	01:52:44
56	GRZEGORZ	NYKIEL	90	M	POLICJNA	M30	18		00:30:05	00:58:09	01:29:15	01:54:44	01:54:32
57	KRZYSZTOF	AMIOŁKOWSKI	6	M	GRUPA BIEGOWA UM W-WA	M30	19		00:29:56	00:58:20	01:27:14	01:54:40	01:54:32
58	JOANNA	SZYPROWSKA	128	K	ZIEŁONE DIABLY	K40	2		00:30:15	00:58:29	01:26:44	01:55:28	01:55:20
59	CZESŁAW	REDOŚ	108	M		M30	20		00:29:17	00:58:03	01:26:47	01:55:42	01:55:24
60	ARTUR	TOMASZEK	132	M	LUFT TRI TEAM	M50	9		00:30:03	00:58:23	01:27:19	01:55:35	01:55:24
61	JAN	ŚLIWIŃSKI	129	M		M30	21	Michalowice	00:26:41	00:54:05	01:24:39	01:55:28	01:55:26
62	RAFAL	KARCZMARZ	45	M	OSOBA PRYWATNA	M40	22		00:31:23	01:01:07	01:29:33	01:57:03	01:56:40
63	JUSTYNA	ILCZUK	39	K		K40	3		00:30:05	00:59:04	01:28:02	01:57:06	01:56:51
64	TOMASZ	WINKLER	137	M		M40	23		00:30:31	00:59:37	01:28:24	01:57:09	01:56:56
65	DOMINIK	PROCHOWICZ	106	M	ZA MNĄ	M30	22		00:30:09	00:59:03	01:27:59	01:57:22	01:57:14
66	KRZYSZTOF	STĘPIEN	121	M		M40	24	Michalowice	00:28:31	00:57:25	01:27:21	01:58:12	01:57:52
67	KRZYSZTOF	KRYSIŃSKI	63	M	KOMORÓW	M60+	3	Michalowice	00:30:06	00:59:19	01:28:40	01:58:04	01:58:01
68	MARCIN	ALEKSIŃSKI	2	M	BURCAK TEAM	M40	25		00:29:17	00:58:14	01:28:00	01:58:32	01:58:15
69	MIROSLAW	MINKINA	86	M		M40	26		00:30:00	00:58:23	01:27:49	01:58:39	01:58:24
70	JACEK	CHACZYKOWSKI	16	M	TEAM NUTRILITE	M40	27		00:28:13	00:56:40	01:26:20	01:58:45	01:58:29
71	ROBERT	GRUBEK	36	M	WATAHA	M40	28	Michalowice	00:29:36	00:58:17	01:27:37	01:58:55	01:58:48
72	MARCIN	MARSZALEK	78	M	OKI SPORT	M50	10		00:30:19	00:59:37	01:28:51	01:59:02	01:58:52
73	KAROLINA	KUNDYS	67	K	#WAWRZYŃTEAM	K30	1		00:30:20	01:00:31	01:30:21	01:59:01	01:58:59
74	MARIUSZ	RAJZER	107	M	BODYKINETIC	M40	29		00:26:49	00:54:40	01:24:33	01:59:23	01:59:19
75	JAROSŁAW	SKROK	116	M		M40	30		00:30:02	01:00:02	01:30:56	01:59:50	01:59:47
76	PIOTR	ZIMNOTA	146	M		M30	23	Michalowice	00:29:10	00:57:32	01:28:10	02:00:06	02:00:00
77	HENRYKA	DZIEWULSKA	27	K	ROZBIEGANE PIASTÓW	K50	1		00:30:27	01:00:12	01:30:08	02:00:17	02:00:03
78	ZBIGNIEW	KORZONKOWSKI	50	M	ENTRE.PL TEAM	M60+	4	Michalowice	00:30:24	01:00:11	01:30:14	02:00:26	02:00:22
79	DOMINIK	NIEDZIELA	88	M		M40	31		00:32:23	01:03:35	01:33:42	02:01:04	02:00:42
80	RAFAL	MANKIEWICZ	75	M		M40	32		00:32:05	01:02:46	01:33:34	02:01:03	02:00:42
81	MARCIN	ZIMNY	147	M	(L)	M30	24		00:30:05	00:59:20	01:30:07	02:02:31	02:02:18
82	LUKASZ	ZIMNOTA	145	M		M30	25	Michalowice	00:29:01	00:57:33	01:28:09	02:02:37	02:02:30
83	OLEK	KOSIŃSKI	51	M		M30	26		00:28:54	00:57:43	01:29:24	02:03:04	02:02:55
84	RAFAL	BEDNARCZYK	10	M		M40	33		00:30:14	01:00:14	01:31:42	02:03:30	02:03:11
85	MAGDA	KRÓLAK	58	K	TENPO PRYMA SORT	K30	2		00:31:18	01:01:19	01:32:13	02:04:28	02:04:14
86	PIOTR	KOWALCZYK	52	M	CIEŃE WIATRU	M30	27		00:29:45	00:59:34	01:31:31	02:04:56	02:04:44
87	MONIKA	PIETRZYKOWSKA	98	K		K40	4		00:31:45	01:02:38	01:33:51	02:05:15	02:04:59
88	EWELINA	STEREJAK	122	K		M30	1	Michalowice	00:29:38	00:59:57	01:32:24	02:05:30	02:05:25
89	MIECZYSLAW	MIECZYKOWSKI	84	M	TOWARZYSTWO GIMNASTYCZNE „SOKÓŁ BRWINÓW	M60+	5		00:31:28	01:01:42	01:33:09	02:05:50	02:05:37
90	WOJTEK	WOLSKOWICZ	1	M		M40	34	Michalowice	00:29:28	00:59:15	01:31:42	02:05:39	02:05:37
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III Półmaraton LASY NAD UTRATĄ
Dystans: 21,195km
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Wyniki :

124	PRZEMYSŁAW	CHLEBICKI	17	M		M60+	1		00:37:25	01:16:50	02:37:38	02:46:25	02:46:09
125	JOANNA	CIAŁKOWSKA-PLUCIENNIK	19	K		K40	1		00:37:06	01:16:52	02:35:52	02:46:24	02:46:23
126	KRZYSZTOF	KUCIŃSKI	65	M		M40	1		01:06:05	01:41:19	02:21:21	DNF	DNF