

GP Żoliborza 2019

15 maja 2019 r.

dystans: 10 km

WYNIKI

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | KLUB | KAT. | MSC/KAT. | KAT. DOD. | 5km | CZAS | NETTO |
|-----|------------|-------------------|------|------|--------------------------------|------|----------|-----------|----------|----------|----------|
| 1 | Radosław | Gromek | 50 | M | UKS GEPARD WARSZAWA | M30 | 1 | | 00:17:33 | 00:34:40 | 00:34:39 |
| 2 | Tomek | Mikulski | 97 | M | UKS Filipides Teresin | M20 | 1 | | 00:17:35 | 00:35:07 | 00:35:06 |
| 3 | Sebastian | Polak | 119 | M | Zdrofit | M30 | 2 | | 00:17:42 | 00:35:11 | 00:35:10 |
| 4 | Michał | Orzeł | 104 | M | Rk Athletics | M30 | 3 | Żoliborz | 00:17:41 | 00:36:02 | 00:36:01 |
| 5 | Wojciech | Skory | 139 | M | Królewski Klub Biegacza | M40 | 1 | Żoliborz | 00:17:53 | 00:36:15 | 00:36:13 |
| 6 | Tomek | Bomba | 1 | M | Bomba team | M20 | 2 | | 00:18:13 | 00:36:16 | 00:36:14 |
| 7 | Grzegorz | Głuszak | 182 | M | | M30 | 4 | | 00:18:13 | 00:37:37 | 00:37:36 |
| 8 | Michał | Drozd | 79 | M | Gruszka z jednym skrzydłem | M40 | 2 | | 00:18:45 | 00:37:59 | 00:37:58 |
| 9 | Tomasz | Luks | 285 | M | Serock Biega z Hotelem Narvil | M30 | 5 | | 00:39:09 | 00:39:09 | 00:39:05 |
| 10 | Mariusz | Zych | 180 | M | Reebok Run Crew | M30 | 6 | | 00:19:21 | 00:39:12 | 00:39:10 |
| 11 | Robert | Michalski | 1064 | M | Nocne Piłowanie Agrykoli | M30 | 7 | | 00:19:48 | 00:39:25 | 00:39:24 |
| 12 | Mateusz | Pawlin | 291 | M | TRIZARZA | M20 | 3 | | 00:19:49 | 00:39:30 | 00:39:28 |
| 13 | Paweł | Głowacki | 44 | M | Serock Biega z Hotelem Narvil | M30 | 8 | | 00:20:13 | 00:40:17 | 00:40:15 |
| 14 | Aleksander | Ostasiuk | 106 | M | SKN | M20 | 4 | | 00:20:00 | 00:40:23 | 00:40:21 |
| 15 | Justyna | Kostrzewska | 71 | K | Adidas Runners Warsaw | K30 | 1 | | 00:20:00 | 00:40:28 | 00:40:26 |
| 16 | Piotr | Bieniek | 7 | M | PKP Intercity Running Team | M30 | 9 | | 00:40:55 | 00:40:55 | 00:40:52 |
| 17 | Tomasz | Garbiec | 40 | M | Varso | M40 | 3 | | 00:20:43 | 00:41:37 | 00:41:31 |
| 18 | Zbigniew | Tymicki | 163 | M | Entre.pl Team | M50 | 1 | | 00:20:53 | 00:42:00 | 00:41:59 |
| 19 | Jakub | Jaśkiewicz | 244 | M | | M40 | 4 | | 00:20:20 | 00:42:01 | 00:41:59 |
| 20 | Adam | Pluszka | 117 | M | Vege Runners | M40 | 5 | | 00:20:48 | 00:42:14 | 00:42:11 |
| 21 | Krzysztof | Marczak | 88 | M | Stare Babice Biegaja | M20 | 5 | | 00:20:40 | 00:42:22 | 00:42:20 |
| 22 | Konstantyn | Korsakov | 183 | M | | M40 | 6 | | 00:20:46 | 00:42:24 | 00:42:22 |
| 23 | Robert | Bubel | 46 | M | | M30 | 10 | | 00:21:09 | 00:42:29 | 00:42:25 |
| 24 | Tomek | Łojaszczuk | 286 | M | tomsport.PL | M40 | 7 | | 00:21:06 | 00:42:37 | 00:42:29 |
| 25 | Joanna | Hass-Kalita | 1067 | K | | K40 | 1 | Żoliborz | 00:21:09 | 00:42:45 | 00:42:43 |
| 26 | Tomek | Grochowalski | 48 | M | | M50 | 2 | | 00:21:02 | 00:42:49 | 00:42:48 |
| 27 | Paweł | Ściepura | 1059 | M | | M40 | 8 | | 00:21:30 | 00:43:26 | 00:43:23 |
| 28 | Stawek | Dobrowolski | 25 | M | Naprzód Młociny | M50 | 3 | | 00:21:41 | 00:43:51 | 00:43:49 |
| 29 | Dariusz | Dulniak | 32 | M | Reebok Run Crew | M40 | 9 | Żoliborz | 00:21:33 | 00:43:52 | 00:43:49 |
| 30 | Monika | Wach | 298 | K | DREAM RUN | K40 | 2 | Żoliborz | 00:21:39 | 00:44:03 | 00:44:02 |
| 31 | Adam | Sucharek | 1058 | M | | M40 | 10 | | 00:22:13 | 00:44:13 | 00:44:09 |
| 32 | Sebastian | Własiniowicz | 167 | M | OSP Łomianki | M20 | 6 | | 00:21:29 | 00:44:15 | 00:44:14 |
| 33 | Jarosław | Rech | 1056 | M | | M40 | 11 | | 00:22:23 | 00:44:30 | 00:44:21 |
| 34 | Dominika | Ciszewska | 18 | K | | K30 | 2 | Żoliborz | 00:22:16 | 00:44:58 | 00:44:57 |
| 35 | Mateusz | Cybulski | 20 | M | | M20 | 7 | | 00:22:55 | 00:45:26 | 00:45:22 |
| 36 | Paweł | Kowalski | 270 | M | Biegacze MF | M40 | 12 | | 00:22:52 | 00:45:32 | 00:45:26 |
| 37 | Tadeusz | Glupczyk | 45 | M | Grupa Biegowa Parkrun Warszawa | M50 | 4 | | 00:22:12 | 00:45:35 | 00:45:32 |
| 38 | Marta | Jastrzębska-Majak | 54 | K | Naprzód Młociny | K20 | 1 | | 00:22:15 | 00:45:50 | 00:45:48 |
| 39 | Tomasz | Czarnecki | 51 | M | | M30 | 11 | | 00:22:54 | 00:46:18 | 00:46:13 |
| 40 | Arkadiusz | Król | 1060 | M | | M30 | 12 | | 00:23:39 | 00:46:23 | 00:46:20 |
| 41 | Wiesław | Kamiński | 59 | M | Nasielsk Baszta Team | M50 | 5 | | 00:22:57 | 00:46:24 | 00:46:14 |
| 42 | Michał | Szymański | 154 | M | LegiaRunClub | M30 | 13 | | 00:22:58 | 00:46:47 | 00:46:46 |
| 43 | Michał | Wyglądała | 303 | M | Drużyna Jednorozca | M30 | 14 | | 00:23:04 | 00:47:01 | 00:46:55 |
| 44 | Jakub | Pyszynski | 121 | M | | M40 | 13 | Żoliborz | 00:23:14 | 00:47:11 | 00:47:08 |
| 45 | Juliusz | Wicik | 299 | M | | M30 | 15 | | 00:23:59 | 00:47:14 | 00:47:05 |
| 46 | Gabriel | Malik | 288 | M | | M40 | 14 | | 00:23:58 | 00:47:14 | 00:47:06 |
| 47 | Monika | Łatkowska | 82 | K | Grupa Biegowa Chtmo | K40 | 3 | | 00:23:39 | 00:47:40 | 00:47:33 |
| 48 | Sebastian | Frączek | 38 | M | | M30 | 16 | | 00:23:56 | 00:48:17 | 00:48:09 |
| 49 | Jan | Nartowski | 100 | M | Mort! | M60 | 1 | | 00:23:51 | 00:48:21 | 00:48:18 |
| 50 | Bogdan | Piątek | 114 | M | LECHICI Zielonka | M60 | 2 | | 00:23:52 | 00:48:21 | 00:48:21 |
| 51 | Emil | Duch | 1065 | M | JB Warsaw | M30 | 17 | | 00:24:19 | 00:48:23 | 00:48:13 |
| 52 | Przemysław | Krajewski | 74 | M | Leczo Team | M40 | 15 | Żoliborz | 00:23:54 | 00:48:25 | 00:48:21 |
| 53 | Katarzyna | Mikolajczyk | 94 | K | | K30 | 3 | | 00:24:10 | 00:48:30 | 00:48:27 |
| 54 | Michał M. | Miszewski | 98 | M | Night Runners | M40 | 16 | | 00:24:10 | 00:48:33 | 00:48:31 |
| 55 | Tomasz | Szewczyk | 151 | M | Naprzód Młociny | M20 | 8 | | 00:24:35 | 00:49:20 | 00:49:18 |
| 56 | Jarosław | Siess | 294 | M | | M50 | 6 | | 00:24:54 | 00:49:23 | 00:49:14 |
| 57 | Rafał | Kowalewski | 72 | M | | M40 | 17 | | 00:25:10 | 00:49:24 | 00:49:15 |
| 58 | Piotr | Pawlak | 1061 | M | Nationale-Nederlanden | M30 | 18 | | 00:24:22 | 00:49:30 | 00:49:24 |
| 59 | Wojciech | Grodzki | 49 | M | Tnt Motocross | M20 | 9 | | 00:25:14 | 00:49:39 | 00:49:32 |
| 60 | Edyta | Piotrowska | 116 | K | | K40 | 4 | | 00:24:53 | 00:49:40 | 00:49:36 |
| 61 | Andrzej | Wiciński | 300 | M | DIDI-ART | M40 | 18 | | 00:24:47 | 00:49:46 | 00:49:36 |
| 62 | Tadeusz | Kieszek | 61 | M | Dystans Leszno | M60 | 3 | | 00:24:56 | 00:49:48 | 00:49:44 |
| 63 | Krzysztof | Drzewiecki | 29 | M | | M30 | 19 | | 00:24:57 | 00:49:59 | 00:49:48 |
| 64 | Artur | Mikina | 93 | M | Pwpw Sa | M60 | 4 | | 00:24:27 | 00:50:08 | 00:50:05 |
| 65 | Aleksandra | Borządek | 9 | K | Legia Run Club | K20 | 2 | | 00:24:37 | 00:50:16 | 00:50:15 |
| 66 | Robert | Karpiński | 60 | M | Spartanie Dzieciom | M40 | 19 | | 00:25:14 | 00:50:24 | 00:50:18 |
| 67 | Dominika | Błaszczuk | 1055 | K | Grażynki OCR | K20 | 3 | | 00:24:38 | 00:50:24 | 00:50:23 |
| 68 | Krystyna | Rzymowska | 131 | K | | K50 | 1 | Żoliborz | 00:25:12 | 00:50:32 | 00:50:29 |
| 69 | Monika | Turczyńska | 162 | K | Leczo Team | K40 | 5 | Żoliborz | 00:25:22 | 00:51:02 | 00:50:58 |
| 70 | Monika | Marszałek | 289 | K | | K40 | 6 | Żoliborz | 00:25:21 | 00:51:08 | 00:51:03 |
| 71 | | | 209 | | | | | | 00:25:11 | 00:51:19 | 00:51:12 |
| 72 | Agnieszka | Ciborska | 275 | K | Naprzód Młociny | K40 | 7 | | 00:25:23 | 00:51:45 | 00:51:42 |

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| | | | | | | | | | | | |
|-----|------------|-------------------|------|---|-----------------------------|-----|----|----------|----------|----------|----------|
| 73 | Karolina | Suchmiel | 146 | K | | K30 | 4 | | 00:26:42 | 00:52:34 | 00:52:29 |
| 74 | Andrzej | Piekut | 115 | M | KB Jogger | M60 | 5 | | 00:25:55 | 00:52:38 | 00:52:33 |
| 75 | Artur | Radomski | 246 | M | | M40 | 20 | | 00:25:25 | 00:52:43 | 00:52:36 |
| 76 | Monika | Kowalska | 224 | K | | K30 | 5 | Żoliborz | 00:25:59 | 00:52:46 | 00:52:43 |
| 77 | Dariusz | Kujawski | 281 | M | | M50 | 7 | | 00:26:44 | 00:52:56 | 00:52:49 |
| 78 | Wojciech | Skowroński | 140 | M | Santander Runners Team | M50 | 8 | | 00:25:56 | 00:52:59 | 00:52:50 |
| 79 | Stanisław | Kamiński | 58 | M | GOS Nadarzyn | M60 | 6 | | 00:26:27 | 00:53:03 | 00:52:59 |
| 80 | Aneta | Witas | 1054 | K | | K40 | 8 | | 00:25:50 | 00:53:20 | 00:53:15 |
| 81 | Michał | Polak | 118 | M | | M30 | 20 | | 00:26:31 | 00:53:48 | 00:53:38 |
| 82 | Bogdan | Kowalczyk | 1063 | M | | M50 | 9 | | 00:26:36 | 00:53:53 | 00:53:48 |
| 83 | Marcin | Obłękowski | 103 | M | | M30 | 21 | | 00:26:52 | 00:54:03 | 00:53:55 |
| 84 | Władysław | Maler | 287 | M | | M70 | 1 | Żoliborz | 00:26:27 | 00:54:28 | 00:54:25 |
| 85 | Renata | Tula | 161 | K | Mykmyk | K60 | 1 | | 00:26:33 | 00:54:39 | 00:54:37 |
| 86 | Jarosław | Szpadzik | 153 | M | Biegacze MF | M30 | 22 | | 00:26:45 | 00:54:45 | 00:54:37 |
| 87 | Michał | Machnacki | 83 | M | Grupa Biegowa Chtmo | M40 | 21 | | 00:26:53 | 00:54:47 | 00:54:38 |
| 88 | Ewa | Hawryluk-Stasiak | 1062 | K | Vege Runners | K50 | 2 | Żoliborz | 00:27:15 | 00:55:01 | 00:54:58 |
| 89 | Aneta | Kowalska | 73 | K | | K30 | 6 | | 00:27:38 | 00:55:27 | 00:55:17 |
| 90 | Cezary | Rak | 279 | M | | M30 | 23 | | 00:26:29 | 00:56:07 | 00:56:03 |
| 91 | Adriana | Gajdecka | 39 | K | Accenture | K40 | 9 | Żoliborz | 00:28:04 | 00:56:57 | 00:56:47 |
| 92 | Piotr | Szeląg | 296 | M | Turbo Jeże | M40 | 22 | | 00:28:37 | 00:57:20 | 00:57:15 |
| 93 | Stanisław | Tokarzewski | 158 | M | Komorów | M70 | 2 | | 00:28:22 | 00:57:30 | 00:57:25 |
| 94 | Ireneusz | Goździkowski | 201 | M | | M50 | 10 | Żoliborz | 00:28:43 | 00:57:33 | 00:57:29 |
| 95 | Piotr | Zygadlo | 269 | M | Bielarski Stoń | M30 | 24 | | 00:29:15 | 00:57:59 | 00:57:55 |
| 96 | Marlena | Kowalczyk | 268 | K | | K20 | 4 | | 00:28:03 | 00:58:12 | 00:58:06 |
| 97 | Piotr | Rybak | 292 | M | | M20 | 10 | | 00:28:03 | 00:58:13 | 00:58:06 |
| 98 | Zieloni | Zieloni | 305 | K | | K40 | 10 | | 00:28:43 | 00:58:18 | 00:58:10 |
| 99 | Jarosław | Łaszukowski | 81 | M | Pasłękateam | M40 | 23 | | 00:30:05 | 00:58:53 | 00:58:23 |
| 100 | Mirek | Rzepka | 130 | M | | M50 | 11 | | 00:29:04 | 00:59:33 | 00:59:28 |
| 101 | Piotr | Wiaderek | 165 | M | Pędzące Żółwie | M30 | 25 | | 00:27:48 | 00:59:56 | 00:59:46 |
| 102 | Sylwia | Gawlik | 41 | K | | K30 | 7 | | 00:28:29 | 01:00:07 | 01:00:06 |
| 103 | Sylwia | Urban | 164 | K | Night Runners | K30 | 8 | | 00:28:57 | 01:00:47 | 01:00:42 |
| 104 | Stanisław | Łabęda | 272 | M | Nasielsk Baszta Team | M40 | 24 | | 00:30:25 | 01:00:51 | 01:00:41 |
| 105 | Justyna | Czyż | 1066 | K | Yogi team | K30 | 9 | Żoliborz | 00:30:39 | 01:01:03 | 01:00:57 |
| 106 | Czesław | Nowakowski | 101 | M | Klub Biegacza GOCH | M70 | 3 | | 00:30:30 | 01:01:27 | 01:01:21 |
| 107 | Anna | Strachocka | 145 | K | Grupa Biegowa UM W-wa | K60 | 2 | | 00:30:42 | 01:01:36 | 01:01:27 |
| 108 | Konrad | Świętochowski | 297 | M | | M40 | 25 | | 00:29:32 | 01:01:41 | 01:01:35 |
| 109 | Małgorzata | Roszkowska-Kazała | 126 | K | Adidas Runners Warsaw | K40 | 11 | | 00:30:47 | 01:02:21 | 01:02:10 |
| 110 | Agnieszka | Wilczek | 1068 | K | | K40 | 12 | | 00:30:37 | 01:02:52 | 01:02:45 |
| 111 | Marek | Glasser | 42 | M | | M70 | 4 | Żoliborz | 00:30:52 | 01:03:24 | 01:03:20 |
| 112 | Marek | Maldis | 84 | M | | M70 | 5 | Żoliborz | 00:31:31 | 01:04:12 | 01:04:10 |
| 113 | Jerzy | Marszałek | 89 | M | | M60 | 7 | | 00:32:10 | 01:04:23 | 01:04:14 |
| 114 | Joanna | Kilkowska | 1053 | K | | K50 | 3 | | 00:31:24 | 01:04:54 | 01:04:50 |
| 115 | Grażyna | Marczak | 87 | K | Leczo Team | K60 | 3 | | 00:31:45 | 01:05:16 | 01:05:11 |
| 116 | Roman | Mikoś | 95 | M | | M50 | 12 | | 00:32:23 | 01:07:12 | 01:07:03 |
| 117 | Teresa | Mikoś | 96 | K | | K50 | 4 | | 00:32:22 | 01:07:12 | 01:07:04 |
| 118 | Jerzy | Sarnecki | 134 | M | - | M70 | 6 | | 00:33:35 | 01:08:15 | 01:08:08 |
| 119 | Łukasz | Koć | 258 | M | Rosomaki | M20 | 11 | | 00:33:29 | 01:10:33 | 01:10:24 |
| 120 | Karolina | Pamięta | 110 | K | | K20 | 5 | | 00:33:46 | 01:11:51 | 01:11:44 |
| 121 | Irena | Jurkowska | 55 | K | | K70 | 1 | | 00:35:13 | 01:12:23 | 01:12:15 |
| 122 | Jacek | Noworyta | 102 | M | ASA TEAM Biegiem po zdrowie | M70 | 7 | | 00:35:42 | 01:12:26 | 01:12:17 |
| 123 | Jan | Mirecki | 188 | M | | M40 | 26 | Żoliborz | 00:43:33 | 01:28:27 | 01:28:20 |