

GP Żoliborza  
Park Kępa Potocka, 10 kwietnia 2019 r.  
dystans: 5km  
WYNIKI

| MSC | IMIĘ       | NAZWISKO          | NR  | PŁEĆ | KLUB                           | KAT. | MSC/KAT. | 2,5KM    | CZAS     | NETTO    |
|-----|------------|-------------------|-----|------|--------------------------------|------|----------|----------|----------|----------|
| 1   | Radosław   | Gromek            | 50  | M    | UKS GEPARD WARSZAWA            | M30  | 1        | 00:08:36 | 00:16:56 | 00:16:56 |
| 2   | Sebastian  | Polak             | 119 | M    | Zdrofit                        | M30  | 2        | 00:08:35 | 00:17:04 | 00:17:04 |
| 3   | Tomek      | Mikulski          | 97  | M    | UKS Filipides Teresin          | M20  | 1        | 00:08:33 | 00:17:17 | 00:17:15 |
| 4   | Michał     | Orzeł             | 104 | M    | Rk Athletics                   | M30  | 3        | 00:09:01 | 00:18:12 | 00:18:10 |
| 5   | Wojciech   | Skory             | 139 | M    | Królewski Klub Biegacza        | M40  | 1        | 00:09:09 | 00:18:26 | 00:18:24 |
| 6   | Grzegorz   | Gluszek           | 182 | M    |                                | M30  | 4        | 00:09:10 | 00:18:34 | 00:18:34 |
| 7   | Mariusz    | Zych              | 180 | M    | Reebok Run Crew                | M30  | 5        | 00:09:29 | 00:19:34 | 00:19:34 |
| 8   | Arkadiusz  | Pajdosz           | 108 | M    | Wprunning                      | M30  | 6        | 00:09:57 | 00:19:51 | 00:19:49 |
| 9   | Jakub      | Kościk            | 69  | M    | Królewski Klub Biegacza        | M30  | 7        | 00:10:06 | 00:19:56 | 00:19:52 |
| 10  | Aleksander | Ostasiuk          | 106 | M    | SKN                            | M20  | 2        | 00:10:10 | 00:20:14 | 00:20:12 |
| 11  | Paweł      | Głowacki          | 44  | M    | Serock Biega z Hotelem Narvil  | M30  | 8        | 00:10:13 | 00:20:17 | 00:20:12 |
| 12  | Karol      | Łapot             | 80  | M    | LZS Lasocin                    | M20  | 3        | 00:09:48 | 00:20:24 | 00:20:22 |
| 13  | Michał     | Kostrzewa         | 70  | M    |                                | M30  | 9        | 00:10:04 | 00:20:27 | 00:20:27 |
| 14  | Justyna    | Kostrzewska       | 71  | K    | Adidas Runners Warsaw          | K30  | 1        | 00:10:01 | 00:20:29 | 00:20:26 |
| 15  | Tomasz     | Garbiec           | 40  | M    | Varso                          | M40  | 2        | 00:10:04 | 00:20:32 | 00:20:27 |
| 16  | Robert     | Michalski         | 90  | M    | Nocne Piłowanie Agrykoli       | M30  | 10       | 00:10:14 | 00:20:36 | 00:20:32 |
| 17  | Sebastian  | Własiniowicz      | 167 | M    | OSP Łomianki                   | M20  | 4        | 00:10:03 | 00:20:47 | 00:20:46 |
| 18  | Zbigniew   | Tymicki           | 163 | M    | Entre.pl Team                  | M50  | 1        | 00:10:28 | 00:20:49 | 00:20:45 |
| 19  | Piotr      | Bieniek           | 7   | M    | PKP Intercity Running Team     | M30  | 11       | 00:10:24 | 00:20:49 | 00:20:46 |
| 20  | Konstantyn | Korsakov          | 183 | M    |                                | M40  | 3        | 00:10:20 | 00:21:00 | 00:20:57 |
| 21  | Adam       | Pluszka           | 117 | M    | Vege Runners                   | M40  | 4        | 00:10:31 | 00:21:01 | 00:20:57 |
| 22  | Tomek      | Grochowalski      | 48  | M    |                                | M50  | 2        | 00:10:32 | 00:21:05 | 00:21:02 |
| 23  | Krzysztof  | Marczak           | 88  | M    | Stare Babice Biegają           | M20  | 5        | 00:10:39 | 00:21:10 | 00:21:09 |
| 24  | Szymon     | Drabczyk          | 28  | M    |                                | M50  | 3        | 00:10:41 | 00:21:12 | 00:21:08 |
| 25  | Wojciech   | Bulanda           | 12  | M    | 1BPanc.                        | M30  | 12       | 00:10:53 | 00:21:22 | 00:21:22 |
| 26  | Marek      | Skibiński         | 137 | M    | Reebok RUN CREW                | M20  | 6        | 00:10:31 | 00:21:24 | 00:21:24 |
| 27  | Krzysztof  | Saks              | 133 | M    | OIRP Warszawa                  | M20  | 7        | 00:10:50 | 00:21:46 | 00:21:41 |
| 28  | Mateusz    | Cybulski          | 20  | M    |                                | M20  | 8        | 00:10:52 | 00:21:53 | 00:21:48 |
| 29  | Dariusz    | Dulniak           | 32  | M    | Reebok Run Crew                | M40  | 5        | 00:10:40 | 00:21:55 | 00:21:52 |
| 30  | Sławek     | Dobrowolski       | 25  | M    | Naprzód Młociny                | M50  | 4        | 00:10:54 | 00:21:58 | 00:21:54 |
| 31  | Adam       | Rączkowski        | 123 | M    | Mykk                           | M30  | 13       | 00:10:59 | 00:22:10 | 00:22:07 |
| 32  | Tomek      | Smyrski           | 142 | M    |                                | M40  | 6        | 00:11:19 | 00:22:11 | 00:22:05 |
| 33  | Fabian     | Clajot            | 19  | M    | FC Grabowa                     | M20  | 9        | 00:11:03 | 00:22:17 | 00:22:12 |
| 34  | Tadeusz    | Góral             | 181 | M    | KBB                            | M40  | 7        | 00:11:11 | 00:22:17 | 00:22:12 |
| 35  | Andrzej    | Przybysz          | 120 | M    |                                | M30  | 14       | 00:11:17 | 00:22:24 | 00:22:21 |
| 36  | Dominika   | Ciszewska         | 18  | K    |                                | K30  | 2        | 00:11:14 | 00:22:25 | 00:22:23 |
| 37  | Jarosław   | Domagała          | 26  | M    |                                | M50  | 5        | 00:11:07 | 00:22:30 | 00:22:25 |
| 38  | Piotr      | Sławiński         | 141 | M    |                                | M40  | 8        | 00:11:13 | 00:22:32 | 00:22:23 |
| 39  | Jakub      | Pyszynski         | 121 | M    |                                | M40  | 9        | 00:11:10 | 00:22:37 | 00:22:33 |
| 40  | Marta      | Jastrzębska-Majak | 54  | K    | Naprzód Młociny                | K20  | 1        | 00:11:08 | 00:22:41 | 00:22:38 |
| 41  | Tadeusz    | Glupczyk          | 45  | M    | Grupa Biegowa Parkrun Warszawa | M50  | 6        | 00:11:11 | 00:22:49 | 00:22:46 |
| 42  | Przemysław | Krajewski         | 74  | M    | Leczo Team                     | M40  | 10       | 00:11:32 | 00:22:55 | 00:22:50 |
| 43  | Mateusz    | Szmigielski       | 152 | M    |                                | M20  | 10       | 00:10:57 | 00:23:08 | 00:23:03 |
| 44  | Wojciech   | Grodzki           | 49  | M    | Tnt Motocross                  | M20  | 11       | 00:11:54 | 00:23:18 | 00:23:09 |
| 45  | Michał     | Chodniewicz       | 13  | M    |                                | M30  | 15       | 00:11:31 | 00:23:27 | 00:23:23 |
| 46  | Sebastian  | Frączek           | 38  | M    |                                | M30  | 16       | 00:12:14 | 00:23:32 | 00:23:22 |
| 47  | Bartłomiej | Dudek             | 31  | M    | 12Tri.pl                       | M30  | 17       | 00:12:17 | 00:23:40 | 00:23:33 |
| 48  | Maciej     | Mieszkowski       | 92  | M    |                                | M50  | 7        | 00:12:02 | 00:23:41 | 00:23:33 |
| 49  | Artur      | Mikina            | 93  | M    | Pwpw Sa                        | M60  | 1        | 00:11:52 | 00:23:46 | 00:23:43 |
| 50  | Michał     | Szymański         | 154 | M    | LegiaRunClub                   | M30  | 18       | 00:11:37 | 00:23:49 | 00:23:48 |
| 51  | Jan        | Nartowski         | 100 | M    | Mort!                          | M60  | 2        | 00:12:00 | 00:23:53 | 00:23:49 |
| 52  | Rafał      | Kowalewski        | 72  | M    |                                | M40  | 11       | 00:12:05 | 00:24:02 | 00:23:57 |
| 53  | Bogdan     | Piątek            | 114 | M    | LECHICI Zielonka               | M60  | 3        | 00:11:54 | 00:24:04 | 00:24:00 |
| 54  | Monika     | Łatkowska         | 82  | K    | Grupa Biegowa Chtmo            | K40  | 1        | 00:12:08 | 00:24:08 | 00:23:59 |
| 55  | Tomasz     | Szewczyk          | 151 | M    | Naprzód Młociny                | M20  | 12       | 00:11:48 | 00:24:16 | 00:24:13 |
| 56  | Jan        | Dybczynski        | 34  | M    |                                | M50  | 8        | 00:12:04 | 00:24:19 | 00:24:15 |
| 57  | Tadeusz    | Kieszek           | 61  | M    | Dystans Leszno                 | M60  | 4        | 00:12:16 | 00:24:26 | 00:24:21 |
| 58  | Dominika   | Błaszczak         | 8   | K    | Grażynki OCR                   | K20  | 2        | 00:12:02 | 00:24:28 | 00:24:25 |
| 59  | Piotr      | Pawlak            | 111 | M    | Nationale-Nederlanden          | M30  | 19       | 00:11:59 | 00:24:34 | 00:24:28 |
| 60  | Tomek      | Sypniewski        | 150 | M    | Emo Oi!                        | M30  | 20       | 00:12:13 | 00:24:39 | 00:24:31 |
| 61  | Marcin     | Seńko             | 135 | M    |                                | M30  | 21       | 00:12:29 | 00:24:39 | 00:24:30 |
| 62  | Magdalena  | Farat             | 37  | K    |                                | K30  | 3        | 00:12:15 | 00:24:44 | 00:24:40 |
| 63  | Stanisław  | Kamiński          | 58  | M    | GOS Nadarzyn                   | M60  | 5        | 00:12:20 | 00:25:06 | 00:25:01 |
| 64  | Michał     | Polak             | 118 | M    |                                | M30  | 22       | 00:12:37 | 00:25:11 | 00:25:04 |
| 65  | Katarzyna  | Mikołajczyk       | 94  | K    |                                | K30  | 4        | 00:12:40 | 00:25:12 | 00:25:04 |
| 66  | Tomasz     | Świetlik          | 148 | M    |                                | M30  | 23       | 00:12:14 | 00:25:12 | 00:25:06 |
| 67  | Krzyszyna  | Rzymowska         | 131 | K    |                                | K50  | 1        | 00:12:35 | 00:25:29 | 00:25:24 |
| 68  | Łukasz     | Chojnacki         | 14  | M    |                                | M30  | 24       | 00:12:41 | 00:25:31 | 00:25:24 |
| 69  | Marcin     | Bończak           | 187 | M    |                                | M30  | 25       | 00:13:02 | 00:25:34 | 00:25:24 |
| 70  | Cezary     | Maliszewski       | 85  | M    | Denat Warszawa                 | M60  | 6        | 00:12:53 | 00:25:37 | 00:25:28 |
| 71  | Robert     | Karpiński         | 60  | M    | Spartanie Dzieciom             | M40  | 12       | 00:12:59 | 00:25:41 | 00:25:33 |
| 72  | Dariusz    | Wronowski         | 173 | M    |                                | M40  | 13       | 00:12:43 | 00:25:43 | 00:25:41 |

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|     |             |                   |     |   |                          |     |    |          |          |          |
|-----|-------------|-------------------|-----|---|--------------------------|-----|----|----------|----------|----------|
| 73  | Aleksandra  | Borządek          | 9   | K | Legia Run Club           | K20 | 3  | 00:12:40 | 00:25:44 | 00:25:39 |
| 74  | Kamila      | Przepieść         | 186 | K | The Luzers               | K30 | 5  | 00:12:57 | 00:25:47 | 00:25:39 |
| 75  | Wiesław     | Kamiński          | 59  | M | Nasielsk Baszta Team     | M50 | 9  | 00:13:29 | 00:25:49 | 00:25:35 |
| 76  | Agnieszka   | Ciborska          | 15  | K | Naprzód Młociny          | K40 | 2  | 00:12:56 | 00:25:51 | 00:25:48 |
| 77  | Mateusz     | Dybczak           | 33  | M | Rosomaki                 | M20 | 13 | 00:12:57 | 00:25:53 | 00:25:45 |
| 78  | Andrzej     | Piekut            | 115 | M | KB Jogger                | M60 | 7  | 00:12:49 | 00:25:54 | 00:25:48 |
| 79  | Monika      | Turczyńska        | 162 | K | Leczo Team               | K40 | 3  | 00:13:02 | 00:25:56 | 00:25:51 |
| 80  | Krzysztof   | Drzewiecki        | 29  | M |                          | M30 | 26 | 00:13:16 | 00:25:56 | 00:25:42 |
| 81  | Wojciech    | Becheński         | 5   | M |                          | M40 | 14 | 00:13:01 | 00:25:56 | 00:25:49 |
| 82  | Andrzej     | Świętochowski     | 149 | M |                          | M40 | 15 | 00:13:00 | 00:25:57 | 00:25:47 |
| 83  | Jarosław    | Wolak             | 169 | M | mBank                    | M50 | 10 | 00:13:31 | 00:26:00 | 00:25:54 |
| 84  | Anna        | Sulej             | 147 | K |                          | K30 | 6  | 00:13:06 | 00:26:01 | 00:25:52 |
| 85  | Karolina    | Suchmiel          | 146 | K |                          | K30 | 7  | 00:13:05 | 00:26:07 | 00:26:01 |
| 86  | Michał      | Wołoszka          | 170 | M |                          | M30 | 27 | 00:13:33 | 00:26:09 | 00:25:55 |
| 87  | Renata      | Tula              | 161 | K | Mykmyk                   | K60 | 1  | 00:12:53 | 00:26:13 | 00:26:09 |
| 88  | Michał M.   | Miszewski         | 98  | M | Night Runners            | M40 | 16 | 00:13:47 | 00:26:24 | 00:26:16 |
| 89  | Marcin      | Obłąkowski        | 103 | M |                          | M30 | 28 | 00:13:04 | 00:26:31 | 00:26:24 |
| 90  | Tomasz      | Bednarski         | 6   | M |                          | M40 | 17 | 00:13:54 | 00:26:38 | 00:26:25 |
| 91  | Edyta       | Piotrowska        | 116 | K |                          | K40 | 4  | 00:13:28 | 00:26:43 | 00:26:36 |
| 92  | Wojciech    | Skowroński        | 140 | M | Santander Runners Team   | M50 | 11 | 00:13:45 | 00:26:54 | 00:26:43 |
| 93  | Jakub       | Komorowski        | 66  | M |                          | M20 | 14 | 00:13:57 | 00:26:58 | 00:26:48 |
| 94  | Dota        | Szyborska         | 156 | K |                          | K40 | 5  | 00:13:16 | 00:27:05 | 00:26:59 |
| 95  | Jarosław    | Łaskowski         | 81  | M | Pasłękateam              | M40 | 18 | 00:13:38 | 00:27:09 | 00:27:01 |
| 96  | Rafał       | Cyrny             | 21  | M |                          | M40 | 19 | 00:14:25 | 00:27:17 | 00:27:05 |
| 97  | Aleksandra  | Sadłowska         | 132 | K |                          | K20 | 4  | 00:14:04 | 00:27:21 | 00:27:07 |
| 98  | Dorota      | Stępień           | 144 | K |                          | K30 | 8  | 00:13:11 | 00:27:22 | 00:27:16 |
| 99  | Joanna      | Wojciechowska     | 168 | K | Nationale-Nederlanden    | K30 | 9  | 00:14:24 | 00:27:42 | 00:27:31 |
| 100 | Jarosław    | Szpadzik          | 153 | M | WIN                      | M30 | 29 | 00:14:07 | 00:27:44 | 00:27:26 |
| 101 | Dariusz     | Wyszyński         | 174 | M | mBank                    | M50 | 12 | 00:13:44 | 00:27:54 | 00:27:48 |
| 102 | Klaudia     | Reptak            | 125 | K | Adidas Runners Warsaw    | K20 | 5  | 00:13:30 | 00:27:56 | 00:27:51 |
| 103 | Anna        | Tryniszewska      | 160 | K | Dream Team Runners       | K30 | 10 | 00:14:04 | 00:27:58 | 00:27:51 |
| 104 | Włodzimierz | Konwerski         | 67  | M |                          | M50 | 13 | 00:13:49 | 00:28:04 | 00:27:58 |
| 105 | Tomasz      | Miernicki         | 91  | M | Grupa Biegowa Chtmo      | M50 | 14 | 00:14:11 | 00:28:09 | 00:27:58 |
| 106 | Piotr       | Wiaderek          | 165 | M | Pędzące Żółwie           | M30 | 30 | 00:14:18 | 00:28:15 | 00:28:01 |
| 107 | Sylvia      | Urban             | 164 | K | Night Runners            | K30 | 11 | 00:14:26 | 00:28:17 | 00:28:08 |
| 108 | Michał      | Machnacki         | 83  | M | Grupa Biegowa Chtmo      | M40 | 20 | 00:14:14 | 00:28:18 | 00:28:09 |
| 109 | Kamil       | Mańk              | 86  | M |                          | M40 | 21 | 00:14:22 | 00:28:29 | 00:28:21 |
| 110 | Ewa         | Hawryluk-Stasiak  | 52  | K | Vege Runners             | K50 | 2  | 00:14:10 | 00:28:29 | 00:28:25 |
| 111 | Sylvia      | Gawlik            | 41  | K |                          | K30 | 12 | 00:14:15 | 00:28:31 | 00:28:27 |
| 112 | Zbyszek     | Kłos              | 63  | M | Tak Sobie Biegam-Piastów | M50 | 15 | 00:14:24 | 00:28:31 | 00:28:24 |
| 113 | Dorota      | Tobiasz           | 157 | K | Grupa Biegowa Chtmo      | K40 | 6  | 00:14:15 | 00:28:39 | 00:28:30 |
| 114 | Alicja      | Rudowska          | 129 | K |                          | K20 | 6  | 00:14:06 | 00:28:39 | 00:28:30 |
| 115 | Paweł       | Szymański         | 155 | M |                          | M30 | 31 | 00:14:31 | 00:28:42 | 00:28:30 |
| 116 | Paulina     | Zielińska-Słowik  | 179 | K | mBank                    | K40 | 7  | 00:14:03 | 00:28:43 | 00:28:37 |
| 117 | Stanisław   | Tokarzewski       | 158 | M | Komorów                  | M70 | 1  | 00:14:23 | 00:28:43 | 00:28:34 |
| 118 | Aneta       | Kowalska          | 73  | K |                          | K30 | 13 | 00:14:31 | 00:28:44 | 00:28:32 |
| 119 | Błażej      | Trębicki          | 159 | M |                          | M60 | 8  | 00:14:24 | 00:28:46 | 00:28:39 |
| 120 | Adriana     | Gajdecka          | 39  | K | Accenture                | K40 | 8  | 00:14:27 | 00:28:53 | 00:28:41 |
| 121 | Michał      | Zaręba            | 176 | M | Ż(L)B                    | M30 | 32 | 00:14:20 | 00:29:03 | 00:28:52 |
| 122 | Wioletta    | Cieplińska        | 16  | K | Naprzód Młociny          | K40 | 9  | 00:14:24 | 00:29:03 | 00:28:58 |
| 123 | Mariola     | Sikorska          | 136 | K |                          | K40 | 10 | 00:14:44 | 00:29:07 | 00:29:01 |
| 124 | Ania        | Kolacz            | 65  | K |                          | K30 | 14 | 00:14:35 | 00:29:21 | 00:29:08 |
| 125 | Andrzej     | Brzozowski        | 10  | M | KKB                      | M60 | 9  | 00:14:57 | 00:29:26 | 00:29:26 |
| 126 | Marek       | Wróbel            | 171 | M | Niezrzeszony-Łask        | M60 | 10 | 00:15:00 | 00:29:30 | 00:29:16 |
| 127 | Mirek       | Rzepka            | 130 | M |                          | M50 | 16 | 00:15:01 | 00:29:43 | 00:29:32 |
| 128 | Grzegorz    | Skibniewski       | 138 | M |                          | M40 | 22 | 00:14:46 | 00:30:06 | 00:29:59 |
| 129 | Stanisław   | Łabęda            | 78  | M | Nasielsk Baszta Team     | M40 | 23 | 00:14:59 | 00:30:11 | 00:29:57 |
| 130 | Małgorzata  | Roszkowska-Kazała | 126 | K | Adidas Runners Warsaw    | K40 | 11 | 00:15:19 | 00:30:18 | 00:30:04 |
| 131 | Justyna     | Czyż              | 22  | K | Yogi team                | K30 | 15 | 00:15:03 | 00:30:25 | 00:30:20 |
| 132 | Anna        | Strachocka        | 145 | K | Grupa Biegowa UM W-wa    | K60 | 2  | 00:15:16 | 00:30:29 | 00:30:18 |
| 133 | Krzysztof   | Godlewski         | 185 | M | OSP OLTARZE GOŁACZE      | M40 | 24 | 00:15:26 | 00:30:29 | 00:30:13 |
| 134 | Małgorzata  | Butkiewicz        | 184 | K | KB Galeria               | K50 | 3  | 00:15:25 | 00:30:37 | 00:30:27 |
| 135 | Maja        | Bartyzel          | 4   | K |                          | K30 | 16 | 00:15:25 | 00:30:43 | 00:30:38 |
| 136 | Marta       | Stankiewicz       | 143 | K |                          | K30 | 17 | 00:15:24 | 00:31:01 | 00:30:46 |
| 137 | Emil        | Duch              | 30  | M | JB Warsaw                | M30 | 33 | 00:15:44 | 00:31:12 | 00:31:00 |
| 138 | Tomasz      | Pawlik            | 112 | M | JB Warsaw                | M30 | 34 | 00:15:46 | 00:31:12 | 00:31:00 |
| 139 | Marta       | Dermańska         | 24  | K |                          | K30 | 18 | 00:15:03 | 00:31:13 | 00:31:08 |
| 140 | Joanna      | Głębocka-Roszczyk | 43  | K | SBRT                     | K30 | 19 | 00:15:26 | 00:31:26 | 00:31:20 |
| 141 | Joanna      | Kilkowska         | 62  | K |                          | K50 | 4  | 00:15:48 | 00:31:34 | 00:31:22 |
| 142 | Bartosz     | Pac               | 107 | M |                          | M30 | 35 | 00:15:40 | 00:31:39 | 00:31:27 |
| 143 | Grażyna     | Marczak           | 87  | K | Leczo Team               | K60 | 3  | 00:15:55 | 00:31:55 | 00:31:49 |
| 144 | Jerzy       | Marszałek         | 89  | M |                          | M60 | 11 | 00:15:38 | 00:32:03 | 00:31:50 |
| 145 | Marcin      | Kniaziolucki      | 64  | M |                          | M30 | 36 | 00:15:18 | 00:32:10 | 00:31:57 |

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|-----|------------|-------------|-----|---|-----------------------------|-----|----|----------|----------|----------|
| 146 | Teresa     | Mikoś       | 96  | K |                             | K50 | 5  | 00:15:50 | 00:32:18 | 00:32:12 |
| 147 | Paweł      | Leszczyński | 77  | M | wkurw_team                  | M20 | 15 | 00:16:15 | 00:32:20 | 00:32:12 |
| 148 | Anna       | Zalewska    | 175 | K | Wkurw_Team                  | K30 | 20 | 00:16:15 | 00:32:20 | 00:32:12 |
| 149 | Aleksandra | Kaczmarek   | 56  | K | DDRunning Team              | K50 | 6  | 00:16:21 | 00:32:54 | 00:32:39 |
| 150 | Paulina    | Rudnik      | 127 | K |                             | K30 | 21 | 00:16:18 | 00:32:56 | 00:32:45 |
| 151 | Marek      | Glasser     | 42  | M |                             | M70 | 2  | 00:16:18 | 00:33:07 | 00:33:03 |
| 152 | Marek      | Maldis      | 84  | M |                             | M70 | 3  | 00:16:30 | 00:33:16 | 00:33:07 |
| 153 | Jacek      | Bajorek     | 2   | M | IZBI Konsulting             | M40 | 25 | 00:16:08 | 00:33:43 | 00:33:32 |
| 154 | Roman      | Mikoś       | 95  | M |                             | M50 | 17 | 00:15:53 | 00:34:17 | 00:34:10 |
| 155 | Jerzy      | Sarnecki    | 134 | M | -                           | M70 | 4  | 00:17:03 | 00:35:05 | 00:34:54 |
| 156 | Paulina    | Depta       | 23  | K |                             | K30 | 22 | 00:17:13 | 00:35:22 | 00:35:14 |
| 157 | Karolina   | Pamięta     | 110 | K |                             | K20 | 7  | 00:17:23 | 00:35:55 | 00:35:45 |
| 158 | Andrzej    | Dymel       | 35  | M | MARKOWI BIEGACZE            | M60 | 12 | 00:17:53 | 00:36:02 | 00:35:51 |
| 159 | Irena      | Jurkowska   | 55  | K |                             | K70 | 1  | 00:17:59 | 00:36:17 | 00:36:04 |
| 160 | Anna       | Zawadzińska | 177 | K |                             | K30 | 23 | 00:17:52 | 00:36:25 | 00:36:10 |
| 161 | Jan        | Mirecki     | 188 | M |                             | M40 | 26 | 00:17:50 | 00:36:41 | 00:36:31 |
| 162 | Jacek      | Noworyta    | 102 | M | ASA TEAM Biegiem po zdrowie | M70 | 5  | 00:18:40 | 00:38:30 | 00:38:19 |
| 163 | Małgorzata | Wilczyńska  | 166 | K |                             | K40 | 1  | 00:22:24 |          |          |