

23. Żoliborski Bieg Mikołajkowy

Warszawa, 9 grudnia 2018 r.

Dystans: 10 km

WYNIKI

MSC	IMIĘ	NAZWISKO	NR	PŁEĆ	KLUB	KAT.	MSC/KAT.	4,2km	NETTO	BRUTTO
1	Mateusz	Kondej	499	M	Dziuba Team	M20	1	00:14:00	00:32:23	00:32:23
2	Sergiusz	Sobczyk	385	M	TRINERGY TEAM	M20	2	00:14:26	00:33:46	00:33:46
3	Jan	Popławski	343	M	Neon Team	M20	3	00:14:28	00:35:05	00:35:12
4	Daniel	Karolkiewicz	330	M		M30	1	00:14:55	00:35:27	00:35:34
5	Paweł	Mitruś	282	M	NeON TEAM	M20	4	00:15:25	00:36:10	00:36:17
6	Rafał	Pomorski	342	M	Trifamily	M30	2	00:15:30	00:36:25	00:36:28
7	Adam	Nizio	299	M		M20	5	00:15:31	00:36:26	00:36:36
8	Adam	Kubicki	214	M	Insignis TFI	M30	3	00:15:27	00:36:31	00:36:32
9	Tomasz	Lipiec	235	M	Lipiec Running Team	M40	1	00:15:25	00:36:32	00:36:35
10	Maciej	Mikita	275	M	RESINEX POLAND	M20	6	00:16:20	00:37:34	00:37:47
11	Dariusz	Dąbrowski	500	M	Luft Tri Team	M40	2	00:15:59	00:37:48	00:37:56
12	Marcin	Węgiel	457	M		M30	4	00:15:41	00:38:02	00:38:07
13	Karol	Marszycki	264	M		M30	5	00:15:59	00:38:23	00:38:30
14	Kamil	Żurawski	493	M	Warszawski ULTRAS	M20	7	00:16:04	00:38:29	00:38:36
15	Arkadiusz	Aksiucik	3	M	IGT Running Team	M30	6	00:16:15	00:38:35	00:38:43
16	Piotr	Okulus	306	M	Legion Warszawa	M30	7	00:16:21	00:38:46	00:38:58
17	Jarosław	Rybitwa	366	M	trinerger	M30	8	00:16:36	00:38:53	00:39:04
19	Marcin	Karwowski	162	M		M30	9	00:16:36	00:38:58	00:39:04
18	Michał	Mączewski	270	M	CMKP Team	M40	3	00:16:43	00:38:58	00:39:07
20	Łukasz	Wojtyna	467	M	12tri.pl	M30	10	00:16:20	00:39:09	00:39:22
21	Michał	Majewicz	253	M		M30	11	00:16:47	00:39:11	00:39:27
22	Robert	Michalski	271	M	Nocne Pilowanie Agrykoli	M30	12	00:16:58	00:39:26	00:39:36
23	Maciej	Ugryn	447	M	www.runismyfun.com	M30	13	00:16:34	00:39:26	00:39:36
24	Marcin	Miotk	280	M	NeON Team	M40	4	00:15:33	00:40:20	00:40:20
26	Mariusz	Pirek	334	M	Trinerger	M30	15	00:16:32	00:40:23	00:40:30
25	Jakub	Kościk	194	M	Królewski Klub Biegacza	M30	14	00:17:39	00:40:23	00:40:36
27	Łukasz	Bednarek	17	M	Mikkeller Running Club / Play	M30	16	00:17:28	00:40:28	00:40:37
28	Paweł	Nowak	301	M		M40	5	00:17:28	00:40:30	00:40:52
29	Lubomir	Lubas	242	M	Trinerger Team	M40	6	00:16:59	00:40:36	00:40:45
30	Emil	Okragly	305	M	TRIZARZA	M30	17	00:17:12	00:40:37	00:40:49
31	Joanna	Pomorska	341	K	Trifamily	K30	1	00:17:00	00:40:46	00:40:53
32	Tomasz	Wira	461	M	Deloitte Adventure Team	M20	8	00:16:58	00:40:57	00:41:06
33	K.	Alchimowicz	5	M		M50	1	00:17:13	00:41:00	00:41:17
34	Justyna	Śliwiak	427	K		K20	1	00:17:23	00:41:03	00:41:12
35	Jakub	Bielecki	22	M	Neon Team	M30	18	00:17:09	00:41:13	00:41:22
36	Marcin	Bogucki	29	M	Trinerger Team	M30	19	00:17:43	00:41:14	00:41:33
37	Jacek	Bzura	45	M		M40	7	00:17:17	00:41:20	00:41:27
38	Mariusz	Bisowski	25	M		M40	8	00:17:03	00:41:21	00:41:26
39	Tomasz	Rachwalik	349	M		M40	9	00:17:18	00:41:23	00:41:31
40	Piotr	Szefer	409	M	TRINERGY	M40	10	00:17:18	00:41:24	00:41:39
41	Krzysztof	Freszel	92	M	BOERNEROWO BIEGA	M40	11	00:17:02	00:41:25	00:41:32
42	Szymon	Drabczyk	74	M		M50	2	00:17:27	00:41:34	00:41:42
43	Łukasz	Dąbrowski	63	M	Dąbki Family Team	M30	20	00:17:35	00:41:38	00:41:49
44	Aleksander	Urbaniak	448	M		M30	21	00:17:44	00:41:48	00:42:03
45	Michał	Dąbrowski	66	M		M30	22	00:17:42	00:41:49	00:42:03
46	Konrad	Liszkiewicz	239	M		M30	23	00:17:01	00:41:53	00:42:00
47	Sobiesław	Kozłowski	202	M	Dream Run	M30	24	00:17:36	00:41:54	00:42:03
48	Michał	Mażdżiarz	269	M	NeonTeam	M30	25	00:17:18	00:42:00	00:42:03
49	Sławomir	Kurzawa	224	M	T-Mobile Sport Team	M50	3	00:18:18	00:42:03	00:42:11
50	Paweł	Izdębski	133	M		M30	26	00:18:02	00:42:11	00:42:24
51	Roman	Budzowski	40	M	World Uncovered	M40	12	00:17:43	00:42:12	00:42:23
52	Michał	Czajkowski	57	M		M40	13	00:17:55	00:42:13	00:42:25
53	Tomasz	Sokołowski	389	M		M30	27	00:18:17	00:42:18	00:42:31
54	Jarosław	Starczewski	398	M	Runforrest	M40	14	00:17:46	00:42:19	00:42:32
55	Norbert	Różyk	362	M		M30	28	00:17:51	00:42:28	00:42:37
56	Przemysław	Tulik	444	M		M50	4	00:18:15	00:42:34	00:42:48
57	Paweł	Chmarzyński	47	M	Ślęzakteam	M20	9	00:17:40	00:42:38	00:42:59
58	Adam	Czajkowski	56	M		M40	15	00:18:12	00:42:39	00:42:51
59	Marcin	Jeziorski	141	M	Neon Team	M40	16	00:17:56	00:42:41	00:42:49
60	Robert	Senger	374	M	Trizarza Team	M30	29	00:17:55	00:42:49	00:43:03
61	Adam	Niewęglowski	298	M		M30	30	00:18:40	00:42:53	00:43:17
62	Remigiusz	Galka	100	M		M40	17	00:18:09	00:42:57	00:43:10
63	Tomasz	Konarski	186	M	Power Training	M30	31	00:18:06	00:43:03	00:43:12
64	Tomasz	Galążka	98	M		M40	18	00:18:31	00:43:13	00:43:35
65	Krzysztof	Brzeziński	35	M	osobisty klub krzysztofa	M20	10	00:19:10	00:43:16	00:43:32
66	Sebastian	Andrzejczyk	6	M	NeON	M40	19	00:18:06	00:43:17	00:43:34
67	Anna	Bolewska	30	K		K30	2	00:18:19	00:43:23	00:43:32
68	Konrad	Kosecki	190	M	Biegam bo lubię Żąbki Team/TRICLUB	M30	32	00:18:23	00:43:25	00:43:39
70	Grzegorz	Dąbrowski	64	M	HDK KSP	M30	34	00:18:05	00:43:28	00:43:36
69	Łukasz	Łaski	244	M		M30	33	00:19:12	00:43:28	00:44:02
71	Piotr	Dąbrowski	62	M	Sbbp	M50	5	00:18:17	00:43:33	00:43:41
72	Radosław	Waszkiewicz	454	M	Deloitte Adventure Team / NeON Team	M30	35	00:18:39	00:43:36	00:43:52
73	Robert	Pakowski	315	M	KS Amber	M40	20	00:18:01	00:43:38	00:43:45
74	Piotr	Jusewicz	146	M		M30	36	00:17:35	00:43:39	00:43:48

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 Warszawa, 9 grudnia 2018 r.
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 WYNIKI

75	Joanna	Hass-Kalita	122	K		K40	1	00:18:40	00:43:40	00:43:50
76	Adam	Stępień	404	M	Ananasy	M30	37	00:18:38	00:43:40	00:43:50
77	Paweł	Sobocki	387	M		M20	11	00:19:05	00:43:52	00:44:12
78	Bartosz	Mielczarski	272	M	Pomijałni	M30	38	00:18:22	00:43:54	00:44:12
79	Karolina	Epa	83	K	PZU Sport Team	K20	2	00:18:39	00:43:56	00:44:14
80	Łukasz	Wróbel	475	M		M30	39	00:18:26	00:44:08	00:44:20
81	Maciej	Podsiadło	339	M		M40	21	00:17:55	00:44:18	00:44:26
82	Rafał	Trojanowski	441	M	BIEGAM Bo Lubię Ząbki TEAM	M20	12	00:19:12	00:44:21	00:44:45
83	Krzysztof	Budzyński	41	M		M30	40	00:18:24	00:44:28	00:44:39
84	Kamil	Wójcik	471	M	Neon	M30	41	00:18:26	00:44:28	00:44:40
85	Arkadiusz	Poważyński	345	M	neON Team	M30	42	00:18:45	00:44:33	00:44:41
86	Maciej	Zakrzewski	480	M	Warszawa Wilanów	M40	22	00:20:49	00:44:38	00:45:04
87	Janusz	Torzewski	435	M	WAT	M40	23	00:19:14	00:44:43	00:45:04
88	Dariusz	Rdzonok	351	M		M30	43	00:19:21	00:44:46	00:45:21
89	Grzech	Święckowski	429	M	wkurw_team	M40	24	00:18:30	00:44:48	00:45:00
90	Radosław	Kozłowski	203	M		M40	25	00:19:45	00:44:49	00:45:24
91	Alicja	Błaut	26	K	Smashing Pąpkins	K30	3	00:19:13	00:44:54	00:45:11
92	Marcin	Krasoń	205	M	Smashing Pąpkins / NBR Team / Trinergy	M30	44	00:19:14	00:44:56	00:45:12
93	Arek	Padysz	314	M	Ursus. Biega	M40	26	00:19:12	00:45:00	00:45:15
94	Marcin	Dimitrow	69	M	NeonTeam / D7	M40	27	00:19:16	00:45:04	00:45:41
95	Tomasz	Wolanin	468	M		M40	28	00:18:59	00:45:07	00:45:16
96	Robert	Janiga	136	M		M40	29	00:19:11	00:45:14	00:45:27
97	Adam	Krzesak	209	M	NEON TEAM	M40	30	00:19:20	00:45:24	00:45:53
98	Michał	Wieczorek	458	M		M50	6	00:18:14	00:45:25	00:45:34
99	Mateusz	Szmiągowski	496	M		M20	13	00:19:08	00:45:26	00:45:45
101	Dorota	Kamień	156	K		K40	2	00:18:40	00:45:27	00:45:41
100	Adrian	Polanski	340	M		M40	31	00:19:44	00:45:27	00:46:05
102	Adrian	Piliczewski	333	M		M20	14	00:19:45	00:45:39	00:45:57
103	Bogusław	Ksyna	213	M	OSP Kamion	M60	1	00:18:57	00:45:43	00:45:43
104	Ivan	Llorca	241	M	Venenito Running	M30	45	00:19:53	00:45:44	00:46:24
105	Tomek	Zdanowski	485	M	TRIZARZA	M20	15	00:18:16	00:45:46	00:46:00
106	Jan	Nowak	300	M	Niezzeszony	M50	7	00:19:26	00:45:48	00:46:01
107	Batosz	Pasela	324	M	Smashing pąpkins	M30	46	00:19:15	00:45:48	00:46:06
108	Witold	Martynowski	265	M	Sokół Bodzanów	M40	32	00:19:22	00:45:50	00:46:04
109	Robert	Pruchniak	347	M	zWarty	M40	33	00:19:15	00:45:53	00:46:07
110	Dariusz	Filipczyk	88	M		M50	8	00:19:18	00:45:54	00:46:06
111	Małgorzata	Matusiak	266	K		K20	3	00:19:14	00:45:54	00:46:18
112	Jakub	Kowalski	199	M	Trinergy	M30	47	00:19:50	00:45:59	00:46:41
113	Maciej	Mokrzewski	283	M		M20	16	00:20:02	00:46:05	00:46:33
114	Mariusz	Nazimek	295	M	Przybysze z Matplanety	M40	34	00:19:50	00:46:14	00:46:43
115	Katarzyna	Jonio	144	K	Kuźnia Triathlonu	K30	4	00:19:49	00:46:18	00:46:43
116	Tymoteusz	lwańczuk	132	M		M30	48	00:20:43	00:46:32	00:46:54
117	Bartosz	Dobrowolski	72	M	Proptech Poland	M40	35	00:20:50	00:46:32	00:47:09
118	Jarek	Kaniewski	158	M		M30	49	00:19:15	00:46:35	00:47:04
119	Rafał	Grynfelder	118	M	skywalkproject.pl	M40	36	00:19:46	00:46:36	00:46:48
120	Katarzyna	Górecka	114	K	Zórawski Team	K40	3	00:19:37	00:46:38	00:46:48
121	Tomasz	Klepaczki	175	M	Bielanski KB Warszawa	M60	2	00:19:58	00:46:39	00:46:54
122	Sebastian	Pobierzyn	337	M		M30	50	00:20:02	00:46:42	00:47:03
123	Sylvia	Liškiewicz	240	K	Adidas Runners Warsaw	K40	4	00:19:53	00:46:43	00:46:43
124	Paweł	Kociszewski	181	M	Golden Rung Ultra Trila 100km	M30	51	00:20:18	00:46:48	00:47:18
125	Zbigniew	Szymczak	423	M	BIEGAM BO LUBIĘ ZĄBKI TEAM	M40	37	00:19:40	00:46:50	00:47:04
126	Łukasz	Kaim	149	M		M30	52	00:19:12	00:46:51	00:47:12
127	Paweł	Kuciej	216	M		M30	53	00:19:25	00:46:52	00:47:12
128	Adrian	Szczekutowicz	406	M		M20	17	00:19:14	00:46:54	00:47:07
129	Artur	Kisiel	174	M		M30	54	00:19:16	00:46:54	00:47:10
130	Piotr	Kościuczuk	195	M	-----	M40	38	00:20:59	00:47:03	00:47:41
131	Bartłomiej	Gajc	95	M		M20	18	00:19:03	00:47:07	00:47:26
132	Michał	Kurcz	221	M		M30	55	00:19:52	00:47:13	00:47:46
133	Piotr	Kurnicki	223	M		M20	19	00:20:44	00:47:14	00:47:48
134	Rafał	Staškowiak	401	M	Bractwo Biegowe BGK	M30	56	00:19:23	00:47:19	00:47:33
135	Jacek	Dudkiewicz	79	M	Trizarza	M30	57	00:19:53	00:47:22	00:47:33
136	Agata	Jarzembowicz	139	K	Trinergy Team	K30	5	00:20:00	00:47:28	00:47:49
137	Justyna	Kiedrowicz	173	K		K30	6	00:19:58	00:47:31	00:47:41
138	Kamil	Dudek	77	M		M30	58	00:19:28	00:47:32	00:47:41
139	Julita	Nesteruk	296	K		K30	7	00:19:47	00:47:33	00:47:50
140	Fabian	Kędzierski	172	M	Żoli Runners	M40	39	00:20:42	00:47:34	00:48:03
141	Michał	Sieruga	379	M		M30	59	00:19:42	00:47:38	00:47:59
142	Mirosław	Artyszuk	8	M		M50	9	00:20:22	00:47:40	00:48:00
143	Maciej	Barszczewski	13	M	La-SKI Cross Country	M40	40	00:19:53	00:47:44	00:47:58
144	Tomasz	Czechoski	60	M		M30	60	00:20:01	00:47:44	00:48:04
147	Karolina	Kosińska	191	K	Sama Sobie Ćwiczę :)	K30	9	00:19:54	00:47:45	00:47:59
145	Katarzyna	Mikołajczyk	276	K		K30	8	00:20:01	00:47:45	00:48:05
146	Tomasz	Kaim	150	M		M30	61	00:20:43	00:47:45	00:48:12
148	Adam	Gas	102	M	Łosiowe Błota	M30	62	00:20:01	00:47:57	00:48:13
149	Ewa	Sławińska	382	K		K20	4	00:20:43	00:48:00	00:48:21
150	Robert	Gajowniczek	97	M		M40	41	00:19:59	00:48:06	00:48:34

23. Żoliborski Bieg Mikołajkowy
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 WYNIKI

151	Tadeusz	Goral	111	M	Kkb	M40	42	00:19:50	00:48:08	00:48:15
152	Paulina	Stępień	403	K	Husaria Race Team	K30	10	00:20:26	00:48:10	00:48:26
153	Ireneusz	Charlej	46	M		M40	43	00:19:59	00:48:11	00:48:27
154	Artur	Dębski	68	M		M40	44	00:20:00	00:48:12	00:48:34
155	Stanisław	Olbryś	307	M	KB Legionowo	M50	10	00:20:22	00:48:13	00:48:25
156	Marcin	Siwiak	380	M	PKP IC Running Team	M30	63	00:20:12	00:48:14	00:48:32
157	Maciej	Lipowski	236	M		M30	64	00:20:21	00:48:16	00:48:40
158	Mariusz	Wydra	478	M		M40	45	00:19:59	00:48:26	00:48:42
159	Darek	Dolega	73	M	Biegiem Radom!	M50	11	00:20:46	00:48:27	00:48:47
160	Katarzyna	Kawalec	166	K	Drużyna K	K30	11	00:20:35	00:48:30	00:48:55
161	Andrzej	Babiarz	10	M		M40	46	00:19:57	00:48:39	00:48:50
162	Piotr	Smietanski	383	M	Nasielsk Baszta Team	M30	65	00:21:17	00:48:40	00:49:21
163	Miłosz	Tkaczyk	431	M		M30	66	00:20:14	00:48:46	00:49:01
164	Robert	Rożek	361	M	NeonTeam	M40	47	00:20:34	00:48:55	00:49:10
165	Wiesław	Kamiński	157	M	Grupa Biegowa Park Run Warszawa	M50	12	00:20:12	00:48:59	00:49:21
166	Michał	Stanik	396	M	Neon Team	M40	48	00:20:37	00:49:00	00:49:24
167	Piotr	Stasiak	400	M		M30	67	00:21:01	00:49:07	00:49:38
168	Andrzej	Kolasa	183	M	Klub J.Stowackiego	M60	3	00:20:34	00:49:09	00:49:26
169	Emil	Duch	75	M	JB Warsaw	M30	68	00:21:59	00:49:15	00:49:47
170	Jan	Dybczynski	81	M		M50	13	00:21:29	00:49:18	00:49:43
171	Marcin	Bończak	32	M		M30	69	00:19:58	00:49:22	00:49:32
172	Rafał	Bieliński	696	M		M30	70	00:22:15	00:49:31	00:50:13
173	Monika	Gańska-Karamon	101	K	Biegam	K40	5	00:20:59	00:49:32	00:49:39
174	Mariola	Paprocka	320	K	RaceFighter	K30	12	00:20:37	00:49:33	00:49:51
175	Norbert	Pardo	323	M	ŁojWiele	M20	20	00:21:33	00:49:48	00:50:11
176	Izabela	Głogowska	109	K	Decathlon	K30	13	00:20:52	00:49:58	00:50:10
177	Izabela	Rosa	357	K	ROXY	K30	14	00:20:58	00:49:59	00:50:16
178	Mariusz	Zdunek	486	M	ROXY	M30	71	00:20:58	00:49:59	00:50:16
179	Andrzej	Łosiewicz	246	M		M40	49	00:21:29	00:49:59	00:50:24
180	Ślawek	Waszczuk	453	M	heros2000	M40	50	00:21:36	00:50:07	00:50:26
181	Janusz	Ochab	302	M		M40	51	00:21:59	00:50:08	00:50:44
182	Maciej	Marczyk	260	M		M20	21	00:22:24	00:50:14	00:50:58
183	Marta	Trąbczyńska	438	K	Harczerze Mokotowa	K20	5	00:21:52	00:50:17	00:50:53
184	Piotr	Wnuk	463	M		M30	72	00:19:57	00:50:21	00:50:40
185	Krzyszyna	Rzymowska	368	K		K40	6	00:21:29	00:50:25	00:50:49
186	Marceli	Gawryś	104	M	Cwałujące Żółwie	M30	73	00:21:38	00:50:27	00:50:54
187	Dmitrii	Germanov	106	M		M30	74	00:22:00	00:50:27	00:50:58
188	Maksymilian	Gałęziowski	99	M		M20	22	00:19:39	00:50:28	00:50:51
189	Iza	Kuczynska	217	K		K40	7	00:21:52	00:50:30	00:51:00
190	Andrzej	Janiszewski	137	M	Cwałujące Żółwie	M30	75	00:21:38	00:50:33	00:51:00
192	Milena	Ojrzyńska	304	K		K20	6	00:22:19	00:50:34	00:50:57
191	Wojciech	Mucha	287	M		M30	76	00:21:38	00:50:34	00:50:59
193	Wojciech	Dąbrowski	65	M		M30	77	00:21:35	00:50:35	00:51:12
194	Tomasz	Podgórski	338	M	#TeamHubson	M30	78	00:21:14	00:50:46	00:51:08
195	Marek	Wawrzyniak	456	M		M50	14	00:21:46	00:50:46	00:51:14
196	Magdalena	Trenda	439	K	Decathlon Reduta Team	K20	7	00:21:48	00:50:47	00:51:03
197	Jacek	Kulbaka	220	M		M40	52	00:21:43	00:51:01	00:51:12
198	Przemysław	Wydra	477	M		M20	23	00:20:55	00:51:01	00:51:16
199	Robert	Chwedorczyk	52	M		M40	53	00:21:43	00:51:10	00:51:45
200	Rafał	Kowalewski	198	M		M30	79	00:21:04	00:51:11	00:51:31
201	Renata	Tula	443	K	Mykmyk	K60	1	00:21:39	00:51:15	00:51:30
202	Dariusz	Sokołowski	388	M	Azs Warszawa	M40	54	00:21:35	00:51:20	00:51:57
203	Paweł	Grządziel	119	M	Parkrun Bródno	M40	55	00:21:03	00:51:25	00:51:46
204	Piotr	Stanisz	397	M	Legion Warszawa	M30	80	00:22:35	00:51:27	00:51:55
205	Marek	Ostrowski	312	M	Atman Runners	M40	56	00:22:07	00:51:30	00:52:01
206	Grzegorz	Jóźwik	145	M		M40	57	00:22:07	00:51:35	00:52:15
207	Aleksander	Konca	188	M	KB Ożarów Mazowiecki Biega	M20	24	00:21:07	00:51:37	00:52:08
208	Joanna	Myszka	290	K		K30	15	00:22:26	00:51:47	00:52:31
209	Mateusz	Ochrymowicz	303	M	OLX Running Team	M20	25	00:22:12	00:51:49	00:52:22
210	Darek	Urbańczyk	449	M	Randonneurs Polska	M40	58	00:22:26	00:51:52	00:52:34
211	Marcin	Witkowski	498	M	Zaszyci	M40	59	00:21:58	00:51:53	00:52:17
212	Aleksandra	Zgodzińska	487	K		K20	8	00:22:08	00:51:55	00:52:27
214	Jakub	Traczyk	437	M	TT Traczyk Team	M20	26	00:21:29	00:51:57	00:52:17
213	Rafał	Rusztecki	365	M	TasmanianDevil	M40	60	00:22:35	00:51:57	00:52:32
215	Kazimierz	Traczyk	436	M	TT Traczyk Team	M50	15	00:21:28	00:51:58	00:52:17
216	Marcin Saki	Sakwa	372	M	Wiśłany Mokotów	M30	81	00:23:24	00:52:01	00:52:45
217	Henia	Dziewulska	82	K	Rozbiegany Piastów	K50	1	00:22:17	00:52:03	00:52:23
218	Kamil	Chudecki	50	M	Vege Runners	M40	61	00:24:08	00:52:12	00:52:12
219	Joanna	Zboch	483	K		K40	8	00:21:54	00:52:12	00:52:28
220	Tomasz	Jagielski	134	M		M30	82	00:22:04	00:52:13	00:52:28
221	Agnieszka	Krupa	207	K		K40	9	00:22:14	00:52:20	00:52:36
222	Ewa	Rakowska	350	K	Lipiec Running Team	K30	16	00:21:51	00:52:23	00:52:42
223	Maja	Makowska	255	K	Team Aktywni z Cukrzycą	K20	9	00:22:17	00:52:29	00:52:53
224	Paweł	Softysiak	390	M	Polonia Warszawa	M40	62	00:23:22	00:52:30	00:53:06
226	Ewa	Regulska	352	K		K30	17	00:22:14	00:52:33	00:52:41
225	Natalia	Filipowicz	89	K		K20	10	00:22:14	00:52:33	00:52:42

23. Żoliborski Bieg Mikołajkowy
 Warszawa, 9 grudnia 2018 r.
 Dystans: 10 km
 WYNIKI

227	Marcin	Kownacki	200	M		M30	83	00:21:53	00:52:38	00:52:52
228	Grzegorz	Klimowski	177	M		M40	63	00:22:37	00:52:39	00:53:16
230	Agnieszka	Hojdys-Łopatka	127	K	Promotion Góra ŻAR	K30	18	00:22:14	00:52:41	00:52:57
229	Michał M.	Miszewski	281	M	Night Runners	M40	64	00:22:15	00:52:41	00:53:01
231	Robert	Placzkiewicz	336	M	SOL3 SquadRUN	M30	84	00:22:05	00:52:45	00:53:18
232	Piotr	Olzacki	310	M		M30	85	00:24:22	00:52:49	00:53:16
233	Przemysław	Boniecki	31	M	Mikkeller Running Club	M30	86	00:22:34	00:52:51	00:53:22
234	Piotr	Ewertowski	84	M	MARKOWI BIEGACZE	M50	16	00:23:18	00:52:52	00:53:25
235	Renata	Grzechnik	120	K	SAMOTNA	K40	10	00:22:41	00:52:57	00:53:31
236	Agnieszka	Myszkiewicz-Kurkiewicz	291	K	PZU Sport Team	K30	19	00:22:18	00:53:08	00:53:27
237	Joanna	Tyskiewicz	446	K		K20	11	00:23:33	00:53:09	00:53:37
238	Tomasz	Magot	251	M		M30	87	00:22:50	00:53:13	00:53:48
239	Piotr	Starczewski	399	M		M50	17	00:22:18	00:53:15	00:53:51
240	Maciej	Jędrzejczak	143	M	NeON Team	M60	4	00:22:10	00:53:21	00:53:41
241	Aleksandra	Borządek	33	K	Legia Run Club	K20	12	00:22:43	00:53:26	00:53:45
242	Marcin	Dłużniewski	70	M		M40	65	00:23:24	00:53:29	00:54:09
243	Przemysław	Panaszewski	318	M		M20	27	00:22:29	00:53:36	00:54:05
244	Rafał	Stalmach	395	M	run-log.com	M40	66	00:22:20	00:53:51	00:54:14
245	Robert	Szulawski	417	M	KS Żoliborz	M40	67	00:22:52	00:53:55	00:54:48
246	Adam	Bera	19	M		M50	18	00:23:59	00:54:01	00:54:36
247	Emilia	Jędrej	142	K		K40	11	00:22:52	00:54:02	00:54:23
248	Marta	Pawelas	325	K		K30	20	00:22:55	00:54:04	00:54:23
249	Bogdan	Kowalczyk	196	M		M50	19	00:23:17	00:54:06	00:54:32
250	Emilia	Bzura	44	K		K40	12	00:22:26	00:54:12	00:54:37
251	Jacek	Szymański	421	M	Gapmont Running Team	M50	20	00:23:21	00:54:14	00:54:49
252	Tomasz	Stempel	402	M	Marysin Wawerski Biega	M40	68	00:23:42	00:54:18	00:54:58
253	Michał	Wojtkowiak	466	M		M20	28	00:22:05	00:54:21	00:54:30
254	Jakub	Kapuścik	159	M		M20	29	00:23:28	00:54:22	00:54:55
255	Jacek	Barwicki	14	M		M30	88	00:23:14	00:54:28	00:55:04
256	Katarzyna	Lepa	231	K		K30	21	00:23:44	00:54:34	00:54:57
257	Igor	Kuczynski	218	M	Aptekarz Warszawski	M40	69	00:23:24	00:54:37	00:55:10
258	Janusz	Letachowicz	233	M		M60	5	00:23:46	00:54:48	00:55:27
259	Tomasz	Bednarski	18	M		M40	70	00:24:47	00:54:55	00:55:37
260	Adam	Brzeziński	34	M		M20	30	00:23:07	00:55:03	00:55:19
261	Mikołaj	Kozak	201	M		M30	89	00:21:42	00:55:10	00:55:18
262	Patryk	Zaleski-Ejgierd	497	M		M30	90	00:23:04	00:55:17	00:55:50
263	Paweł	Wójciuk	472	M		M30	91	00:23:22	00:55:24	00:56:05
264	Małgorzata	Zalewska	481	K		K30	22	00:23:44	00:55:31	00:55:55
265	Krzysztof	Kaźmierczak	171	M	Decathlon Reduta Team	M20	31	00:23:45	00:55:33	00:56:15
266	Marta	Wawrzyniak	455	K	Decathlon Reduta Team	K20	13	00:23:46	00:55:35	00:56:17
267	Justyna	Trzaskowska	442	K		K30	23	00:24:30	00:55:38	00:56:20
268	Zofia	Szuba	414	K		K60	2	00:23:38	00:55:40	00:56:06
270	Piotr	Grochowski	115	M		M40	71	00:23:35	00:55:44	00:56:02
269	Mikołaj	Szwechowicz	419	M	OLX Running Team	M30	92	00:24:01	00:55:44	00:56:18
271	Grzegorz	Ignaciuk	131	M	ICRA Running Team	M40	72	00:23:45	00:55:53	00:56:19
272	Wojciech	Knap	161	M		M50	21	00:22:59	00:55:56	00:56:25
273	Michał	Lisowski	238	M		M30	93	00:24:43	00:55:57	00:56:35
274	Paweł	Pietryka	332	M	Investa	M30	94	00:24:42	00:55:57	00:56:35
275	Marek	Kaim	151	M		M50	22	00:23:21	00:55:59	00:56:11
276	Katarzyna	Muras	288	K	Warszawa Wilanów	K40	13	00:23:43	00:56:04	00:56:30
277	Krzysztof	Woźniak	469	M	Investa	M30	95	00:24:42	00:56:06	00:56:45
278	Marcin	Piwowarczyk	335	M		M40	73	00:24:01	00:56:12	00:56:44
279	Mariusz	Kutyłowski	225	M	Parkrun Bródno	M30	96	00:25:08	00:56:14	00:56:52
280	Daniel	Forysiak	91	M		M30	97	00:24:49	00:56:19	00:56:58
281	Paweł	Miłoszewski	279	M		M50	23	00:24:19	00:56:21	00:56:52
282	Kamil	Klimosz	176	M	Rybnik Thunders	M30	98	00:24:15	00:56:22	00:56:43
283	Paweł	Dudek	78	M		M40	74	00:25:03	00:56:25	00:57:03
284	Diana	Wtulich	476	K		K50	2	00:23:42	00:56:26	00:56:34
285	Katarzyna	Maksam	256	K		K20	14	00:22:48	00:56:28	00:56:45
286	Ewa	Hawryluk-Stasiak	123	K		K50	3	00:23:55	00:56:35	00:56:54
287	Katarzyna	Pawłowska	328	K		K40	14	00:23:41	00:56:40	00:57:09
288	Małgorzata	Kołodziejska	184	K		K40	15	00:24:34	00:56:43	00:57:20
289	Karolina	Kawalec	167	K	Drużyna K	K30	24	00:24:14	00:56:47	00:57:13
290	Paweł	Szarewicz	405	M		M30	99	00:22:50	00:56:50	00:57:05
291	Piotr	Zygadlo	490	M	Bieleński Słoń	M30	100	00:24:43	00:56:52	00:57:20
292	Jacek	Szymczak	424	M	BIEGam Bo Lubie Żabki TEAM	M30	101	00:24:07	00:56:59	00:57:22
293	Karolina	Mierzwińska	273	K		K20	15	00:23:47	00:57:00	00:57:24
294	Michał	Snopczyński	384	M		M40	75	00:23:21	00:57:01	00:57:20
295	Dariusz	Manikało	258	M	Neon	M40	76	00:23:36	00:57:02	00:57:42
296	Julia	Manikało	257	K	Lipków	K20	16	00:23:35	00:57:04	00:57:41
297	Marek	Wróbel	474	M	Niezrzeszony-Łask	M60	6	00:24:52	00:57:07	00:57:46
298	Marcin	Furman	93	M		M20	32	00:23:41	00:57:11	00:58:05
299	Witold	Wasilewski	452	M		M30	102	00:24:33	00:57:31	00:58:05
300	Monika	Wasilewska	451	K		K30	25	00:24:32	00:57:34	00:58:06
301	Rafał	Gasinski	103	M		M30	103	00:24:49	00:57:41	00:58:13
302	Kamila	Gordon	112	K		K20	17	00:25:02	00:57:43	00:58:11

23. Żoliborski Bieg Mikołajkowy

Warszawa, 9 grudnia 2018 r.

Dystans: 10 km

WYNIKI

303	Paweł	Lesiakowski	232	M		M30	104	00:25:18	00:57:52	00:58:19
304	Izabela	Ksieniewicz-Kowalska	212	K	-	K50	4	00:24:45	00:58:07	00:58:29
305	Łukasz	Chrabąłowski	49	M		M40	77	00:24:18	00:58:17	00:58:49
306	Edyta	Siemieniuk	378	K	Nie Zrzeszony	K30	26	00:24:34	00:58:19	00:58:49
307	Monika	Ficoń	87	K		K40	16	00:24:57	00:58:21	00:58:38
308	Aneta	Wróbel	473	K	Mama	K30	27	00:24:06	00:58:22	00:58:33
309	Ireneusz	Goździkowski	113	M		M50	24	00:24:48	00:58:27	00:58:52
310	Mariusz	Augustyniak	9	M		M40	78	00:24:58	00:58:28	00:58:46
311	Ewelina	Mantorska	259	K		K30	28	00:25:01	00:58:29	00:58:57
312	Sławek	Nawrozidis	294	M		M40	79	00:25:04	00:58:29	00:58:59
313	Janusz	Bukowski	43	M	Stowarzyszenie Dać Siebie Innym	M60	7	00:24:07	00:58:31	00:58:39
314	Katarzyna	Szulc	418	K		K40	17	00:25:49	00:58:36	00:59:16
315	Halina	Szydłowska	420	K	OLX Running Team	K30	29	00:25:26	00:58:37	00:59:11
316	Iwona	Lipska	237	K		K40	18	00:25:47	00:58:37	00:59:14
317	Katarzyna	Karasiewicz	160	K		K40	19	00:25:47	00:58:38	00:59:15
319	Piotr	Łuczak	248	M	PKO Bank Polski	M40	80	00:24:29	00:58:54	00:59:16
318	Małgorzata	Łuczak	247	K	Runnersi ze Skarbka	K30	30	00:24:30	00:58:54	00:59:17
320	Paweł	Żurawski	494	M	Leniwce Team	M40	81	00:25:55	00:59:00	00:59:30
321	Filip	Budny	39	M	Decathlon Reduta Team	M20	33	00:25:04	00:59:07	00:59:24
322	Paweł	Sosna	391	M		M40	82	00:25:01	00:59:09	00:59:28
323	Marcin	Chudio	51	M		M20	34	00:22:11	00:59:10	00:59:34
324	Anna	Gomola-Paradowska	110	K	Power Training	K30	31	00:24:51	00:59:15	00:59:40
325	Agnieszka	Torzewska	434	K		K40	20	00:25:24	00:59:24	00:59:58
326	Piotr	Hućko	128	M		M40	83	00:24:43	00:59:29	01:00:13
327	Marek	Marek	261	M		M40	84	00:24:35	00:59:35	01:00:00
328	Dorota	Szostakowska-Balukin	411	K	Klub Biegacza RTV EURO AGD	K40	21	00:24:52	00:59:39	00:59:59
329	Jarosław	Bernaś	21	M	SGSP	M20	35	00:24:44	00:59:47	01:00:07
330	Waldemar	Gabarski	94	M	Veolia Warszawa	M50	25	00:25:52	00:59:47	01:00:29
331	Bartosz	Ścibiorek	425	M		M20	36	00:25:52	00:59:47	01:00:29
332	Piotr	Kołodziejski	185	M		M40	85	00:24:32	00:59:55	01:00:30
333	Bartosz	Tomaszewski	432	M	NeonTeam	M30	105	00:25:38	01:00:14	01:00:53
334	Andrzej	Kawka	169	M		M60	8	00:25:38	01:00:17	01:00:56
335	Joanna	Zawadzka-Nazimek	482	K	Przybysze z Matplanety	K30	32	00:25:09	01:00:21	01:00:49
336	Małgorzata	Szufel	416	K		K40	22	00:25:18	01:00:23	01:00:41
337	Przemek	Szramowski	413	M		M30	106	00:25:22	01:00:59	01:01:34
338	Sylvia	Lasecka	227	K		K30	33	00:25:08	01:01:02	01:01:37
340	Renata	Żurawska	492	K	Leniwce Team	K40	24	00:26:00	01:01:04	01:01:34
339	Małgorzata	Roszkowska-Kazała	360	K	Adidas Runners Warsaw	K40	23	00:26:20	01:01:04	01:01:48
341	Iwona	Kochman	180	K	Vege Runners	K50	5	00:25:45	01:01:10	01:01:15
342	Tomasz	Czwaro	61	M	Nocne Piłowanie Agrykolii	M40	86	00:26:01	01:01:16	01:01:38
343	Remigiusz	Jankowski	138	M		M50	26	00:26:03	01:01:19	01:01:48
344	Roman	Marek	262	M	lpn	M50	27	00:24:31	01:01:37	01:01:45
345	Gabriela	Latusek	228	K	Decathlon Reduta Team	K20	18	00:27:39	01:01:45	01:02:28
346	Andrzej	Kosiński	192	M		M60	9	00:26:11	01:01:51	01:02:28
347	Magdalena	Dobrowolska	71	K		K20	19	00:25:50	01:01:55	01:02:24
348	Grzegorz	Setnikowska	377	M		M60	10	00:27:04	01:01:58	01:02:35
349	Jerzy	Marszałek	263	M		M60	11	00:26:21	01:02:20	01:03:01
350	Beata	Konca	187	K	Kb Ożarów Mazowiecki Biega	K40	25	00:26:52	01:02:30	01:03:03
351	Kate	Wiśniewska	462	K	Indywidualistka	K40	26	00:26:24	01:02:33	01:03:10
352	Natalia	Cybis	54	K		K30	34	00:27:07	01:02:36	01:03:14
353	Tomasz	Tomaszewski	433	M		M50	28	00:27:52	01:02:46	01:03:23
354	Katarzyna	Balcerzak-Jajtuszewska	11	K		K30	35	00:26:07	01:02:54	01:03:17
355	Stanisława	Ferko-Czajkowska	86	K		K50	6	00:26:58	01:03:01	01:03:32
356	Katarzyna	Mruczyńska-Pietruczanis	286	K	Wkurw_team /Aktywni Węgrów	K40	27	00:26:04	01:03:04	01:03:33
357	Marcin	Świerczyński	428	M		M30	107	00:27:47	01:03:49	01:04:29
358	Ewa	Rosak	358	K		K40	28	00:26:23	01:04:30	01:04:51
359	Marta	Leonkiewicz	230	K		K20	20	00:26:41	01:04:32	01:05:12
360	Piotr	Kazała	170	M	Adidas Runners Warsaw	M40	87	00:26:53	01:04:39	01:05:22
361	Barbara	Kolasa	182	K	Klub J.Słowackiego	K60	3	00:27:09	01:05:12	01:05:12
362	Jakub	Baumgart	15	M		M20	37	00:27:34	01:05:15	01:05:43
363	Grzegorz	Wiesiołek	460	M		M40	88	00:26:19	01:05:24	01:05:55
364	Lidia	Bodaszewska	28	K	Nessi Team	K50	7	00:26:14	01:05:30	01:05:30
365	Joanna	Jaworska	140	K	Rozbiegane	K30	36	00:26:14	01:05:32	01:05:32
366	Dominika	Adamaszek	1	K		K20	21	00:26:55	01:05:38	01:05:50
367	Kasia	Cieplak	53	K		K30	37	00:28:04	01:05:43	01:06:18
368	Jolanta	Klusek	178	K	Adidas Runners Warsaw	K40	29	00:27:32	01:06:02	01:06:02
369	Marta	Grycko	117	K		K40	30	00:27:20	01:06:11	01:06:18
370	Wiesława	Higersberger	124	K		K50	8	00:28:00	01:06:58	01:07:24
371	Joanna	Ślęzyk	426	K		K20	22	00:27:55	01:07:16	01:07:38
372	Paweł	Mazur	267	M		M40	89	00:27:21	01:07:20	01:07:54
373	Dota	Szymborska	422	K	Tcw	K40	31	00:27:00	01:07:36	01:08:03
374	Gabi	Kraszkiewicz	206	K		K40	32	00:27:00	01:07:37	01:08:03
375	Anna	Rewicka	355	K	Triclub	K30	38	00:28:16	01:08:09	01:08:30
376	Wiesława	Rusin	364	K		K30	39	00:30:16	01:08:35	01:09:06
377	Marek	Majewski	254	M	Zaszyci	M30	108	00:28:18	01:09:03	01:09:30
378	Damian	Wojcik	464	M		M40	90	00:28:17	01:09:05	01:09:31

23. Żoliborski Bieg Mikołajkowy

Warszawa, 9 grudnia 2018 r.

Dystans: 10 km

WYNIKI

379	Mariusz	Naskręt	293	M		M40	91	00:28:00	01:09:53	01:10:04
380	Eugeniusz	Moszkowicz	284	M	Kondycja	M60	12	00:28:36	01:10:06	01:10:35
381	Kasia	Mrówka	285	K	Husaria Race Team	K30	40	00:28:38	01:10:23	01:10:57
382	Magdalena	Rolewska	356	K		K30	41	00:30:56	01:10:52	01:11:10
383	Patrycja	Postek	344	K	Decathlon Reduta	K20	23	00:28:50	01:11:03	01:11:44
384	Jadwiga	Olszewska	308	K	Interrisk	K50	9	00:28:50	01:11:25	01:11:46
385	Wojciech	Gil	107	M	Warszawa	M40	92	00:30:04	01:11:34	01:12:14
386	Maria	Niepiekło	297	K	-	K50	10	00:31:16	01:13:47	01:14:14
387	Mariusz	Siwiński	381	M		M40	93	00:29:07	01:13:48	01:14:22
388	Justyna	Prężyna	346	K		K20	24	00:29:51	01:14:19	01:15:00
389	Mateusz	Mierzyński	274	M		M20	38	00:30:03	01:14:31	01:15:12
390	Monika	Pałuba	317	K		K40	33	00:30:57	01:15:22	01:15:40
391	Jacek	Olszewski	309	M		M60	13	00:32:56	01:22:51	01:23:12
392	Józef	Higersberger	125	M		M60	DNF	00:29:07	DNF	DNF
393	Sylwia	Majewicz	252	K		K20	DNF	00:39:31	DNF	DNF
394	Mariusz	Czarnota	59	M	Wtorpol Triathlon Team	M30	DNF	00:50:13	DNF	DNF