

Żoliborski Bieg Mikotajkowy

09-12-2018

Dystans: 10 km

Wyniki :

OPEN	IMIĘ	NAZWISKO	NR	PLEĆ	KLUB	KAT. WIEK.	MSC. W KAT.	POMIAR 1	CZAS	NETTO
1	Mateusz	Kondej	499	M	Dziuba Team	M20	1	00:14:00	00:32:23	00:32:23
2	Sergiusz	Sobczyk	385	M	TRINERGY TEAM	M20	2	00:14:26	00:33:46	00:33:46
3	Jan	Poplawski	343	M	Neon Team	M20	3	00:14:28	00:35:12	00:35:05
4	Daniel	Karolkiewicz	330	M		M30	1	00:14:55	00:35:34	00:35:27
5	Paweł	Mitruś	282	M	NeON TEAM	M20	4	00:15:25	00:36:17	00:36:10
6	Rafał	Pomorski	342	M	Trifamily	M30	2	00:15:30	00:36:28	00:36:25
7	Adam	Nizio	299	M		M20	5	00:15:31	00:36:36	00:36:26
8	Adam	Kubicki	214	M	Insignis TFI	M30	3	00:15:27	00:36:32	00:36:31
9	Tomasz	Lipiec	235	M	Lipiec Running Team	M40	1	00:15:25	00:36:35	00:36:32
10	Maciej	Mikita	275	M	RESINEX POLAND	M20	6	00:16:20	00:37:47	00:37:34
11	Dariusz	Dąbrowski	500	M	Luft Tri Team	M40	2	00:15:59	00:37:56	00:37:48
12	Marcin	Węgiel	457	M		M30	4	00:15:41	00:38:07	00:38:02
13	Karol	Marszycki	264	M		M30	5	00:15:59	00:38:30	00:38:23
14	Kamil	Żurawski	493	M	Warszawski ULTRAS	M20	7	00:16:04	00:38:36	00:38:29
15	Arkadiusz	Aksiucik	3	M	IGT Running Team	M30	6	00:16:15	00:38:43	00:38:35
16	Piotr	Okulus	306	M	Legion Warszawa	M30	7	00:16:21	00:38:58	00:38:46
17	Jarosław	Rybitwa	366	M	trinerger	M30	8	00:16:36	00:39:04	00:38:53
18	Michał	Mączewski	270	M	CMKP Team	M40	3	00:16:43	00:39:07	00:38:58
19	Marcin	Karwowski	162	M		M30	9	00:16:36	00:39:04	00:38:58
20	Łukasz	Wojtyna	467	M	12tri.pl	M30	10	00:16:20	00:39:22	00:39:09
21	Michał	Majewicz	253	M		M30	11	00:16:47	00:39:27	00:39:11
22	Robert	Michalski	271	M	Nocne Piłowanie Agrykoli	M30	12	00:16:58	00:39:36	00:39:26
23	Maciej	Ugryn	447	M	www.runismyfun.com	M30	13	00:16:34	00:39:36	00:39:26
24	Marcin	Miotk	280	M	NeON Team	M40	4	00:15:33	00:40:20	00:40:20
25	Jakub	Kościk	194	M	Królewski Klub Biegacza	M30	14	00:17:39	00:40:36	00:40:23
26	Mariusz	Pirek	334	M	Trinerger	M30	15	00:16:32	00:40:30	00:40:23
27	Łukasz	Bednarek	17	M	Mikkeller Running Club / Play	M30	16	00:17:28	00:40:37	00:40:28
28	Paweł	Nowak	301	M		M40	5	00:17:28	00:40:52	00:40:30
29	Lubomir	Lubas	242	M	Trinerger Team	M40	6	00:16:59	00:40:45	00:40:36
30	Emil	Okragły	305	M	TRIZARZA	M30	17	00:17:12	00:40:49	00:40:37
31	Joanna	Pomorska	341	K	Trifamily	K30	1	00:17:00	00:40:53	00:40:46
32	Tomasz	Wira	461	M	Deloitte Adventure Team	M20	8	00:16:58	00:41:06	00:40:57
33	K.	Alchimowicz	5	M		M50	1	00:17:13	00:41:17	00:41:00
34	Justyna	Śliwiak	427	K		K20	1	00:17:23	00:41:12	00:41:03
35	Jakub	Bielecki	22	M	Neon Team	M30	18	00:17:09	00:41:22	00:41:13
36	Marcin	Bogucki	29	M	Trinerger Team	M30	19	00:17:43	00:41:33	00:41:14
37	Jacek	Bzura	45	M		M40	7	00:17:17	00:41:27	00:41:20
38	Mariusz	Bisowski	25	M		M40	8	00:17:03	00:41:26	00:41:21
39	Tomasz	Rachwałik	349	M		M40	9	00:17:18	00:41:31	00:41:23
40	Piotr	Szefer	409	M	TRINERGY	M40	10	00:17:18	00:41:39	00:41:24
41	Krzysztof	Freszel	92	M	BOERNEROWO BIEGA	M40	11	00:17:02	00:41:32	00:41:25
42	Szymon	Drabczyk	74	M		M50	2	00:17:27	00:41:42	00:41:34
43	Łukasz	Dąbrowski	63	M	Dąbki Family Team	M30	20	00:17:35	00:41:49	00:41:38
44	Aleksander	Urbaniak	448	M		M30	21	00:17:44	00:42:03	00:41:48
45	Michał	Dąbrowski	66	M		M30	22	00:17:42	00:42:03	00:41:49
46	Konrad	Liszkiwicz	239	M		M30	23	00:17:01	00:42:00	00:41:53
47	Sobiesław	Kozłowski	202	M	Dream Run	M30	24	00:17:36	00:42:03	00:41:54
48	Michał	Maździarz	269	M	Neonteam	M30	25	00:17:18	00:42:03	00:42:00
49	Sławomir	Kurzawa	224	M	T-Mobile Sport Team	M50	3	00:18:18	00:42:11	00:42:03
50	Paweł	Izdębski	133	M		M30	26	00:18:02	00:42:24	00:42:11
51	Roman	Budzowski	40	M	World Uncovered	M40	12	00:17:43	00:42:23	00:42:12
52	Michał	Czajkowski	57	M		M40	13	00:17:55	00:42:25	00:42:13
53	Tomasz	Sokołowski	389	M		M30	27	00:18:17	00:42:31	00:42:18
54	Jarosław	Starczewski	398	M	Runforrest	M40	14	00:17:46	00:42:32	00:42:19
55	Norbert	Rózyc	362	M		M30	28	00:17:51	00:42:37	00:42:28
56	Przemysław	Tulik	444	M		M50	4	00:18:15	00:42:48	00:42:34
57	Paweł	Chmarzyński	47	M	Ślązakteam	M20	9	00:17:40	00:42:59	00:42:38
58	Adam	Czajkowski	56	M		M40	15	00:18:12	00:42:51	00:42:39
59	Marcin	Jeziorski	141	M	Neon Team	M40	16	00:17:56	00:42:49	00:42:41
60	Robert	Senger	374	M	Trizarza Team	M30	29	00:17:55	00:43:03	00:42:49
61	Adam	Niewęglowski	298	M		M30	30	00:18:40	00:43:17	00:42:53
62	Remigiusz	Galka	100	M		M40	17	00:18:09	00:43:10	00:42:57
63	Tomasz	Konarski	186	M	Power Training	M30	31	00:18:06	00:43:12	00:43:03
64	Tomasz	Galęzka	98	M		M40	18	00:18:31	00:43:35	00:43:13
65	Krzysztof	Brzeziński	35	M	osobisty klub krzysztofa	M20	10	00:19:10	00:43:32	00:43:16
66	Sebastian	Andrzejczyk	6	M	NeON	M40	19	00:18:06	00:43:34	00:43:17
67	Anna	Bolewska	30	K		K30	2	00:18:19	00:43:32	00:43:23
68	Konrad	Kosecki	190	M	Biegam bo lubię Ząbki Team/TRICLUB	M30	32	00:18:23	00:43:39	00:43:25
69	Łukasz	Łaski	244	M		M30	33	00:19:12	00:44:02	00:43:28
70	Grzegorz	Dąbrowski	64	M	HDK KSP	M30	34	00:18:05	00:43:36	00:43:28
71	Piotr	Dąbrowski	62	M	Sbbp	M50	5	00:18:17	00:43:41	00:43:33
72	Radosław	Waszkiewicz	454	M	Deloitte Adventure Team / NeON Team	M30	35	00:18:39	00:43:52	00:43:36
73	Robert	Pakowski	315	M	KS Amber	M40	20	00:18:01	00:43:45	00:43:38
74	Piotr	Jusewicz	146	M		M30	36	00:17:35	00:43:48	00:43:39
75	Joanna	Hass-Kalita	122	K		K40	1	00:18:40	00:43:50	00:43:40
76	Adam	Stępień	404	M	Ananasy	M30	37	00:18:38	00:43:50	00:43:40
77	Paweł	Sołboki	387	M		M20	11	00:19:05	00:44:12	00:43:52
78	Bartosz	Mielczarski	272	M	Pomijałni	M30	38	00:18:22	00:44:12	00:43:54
79	Karolina	Epa	83	K	PZU Sport Team	K20	2	00:18:39	00:44:14	00:43:56
80	Łukasz	Wróbel	475	M		M30	39	00:18:26	00:44:20	00:44:08
81	Maciej	Podsiadło	339	M		M40	21	00:17:55	00:44:26	00:44:18
82	Rafał	Trojanowski	441	M	BIEGam Bo Lubię Ząbki TEAM	M20	12	00:19:12	00:44:45	00:44:21
83	Krzysztof	Budzyński	41	M		M30	40	00:18:24	00:44:39	00:44:28
84	Kamil	Wójcik	471	M	Neon	M30	41	00:18:26	00:44:40	00:44:28
85	Arkadiusz	Poważyński	345	M	neON Team	M30	42	00:18:45	00:44:41	00:44:33

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09-12-2018

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Wyniki :

86	Maciej	Zakrzewski	480	M	Warszawa Wilanów	M40	22	00:20:49	00:45:04	00:44:38
87	Janusz	Torzewski	435	M	WAT	M40	23	00:19:14	00:45:04	00:44:43
88	Dariusz	Rdzonek	351	M		M30	43	00:19:21	00:45:21	00:44:46
89	Grzech	Święćkowski	429	M	wkurw_team	M40	24	00:18:30	00:45:00	00:44:48
90	Radosław	Kozłowski	203	M		M40	25	00:19:45	00:45:24	00:44:49
91	Alicja	Blaut	26	K	Smashing Papkins	K30	3	00:19:13	00:45:11	00:44:54
92	Marcin	Krasoń	205	M	Smashing Papkins / NBR Team / Trinergy	M30	44	00:19:14	00:45:12	00:44:56
93	Arek	Padysz	314	M	Ursus. Biega	M40	26	00:19:12	00:45:15	00:45:00
94	Marcin	Dimitrow	69	M	NeonTeam / D7	M40	27	00:19:16	00:45:41	00:45:04
95	Tomasz	Wolanin	468	M		M40	28	00:18:59	00:45:16	00:45:07
96	Robert	Janiga	136	M		M40	29	00:19:11	00:45:27	00:45:14
97	Adam	Krzesak	209	M	NEON TEAM	M40	30	00:19:20	00:45:53	00:45:24
98	Michał	Wieczorek	458	M		M50	6	00:18:14	00:45:34	00:45:25
99	Mateusz	Szmigielski	496	M		M20	13	00:19:08	00:45:45	00:45:26
100	Adrian	Polanski	340	M		M40	31	00:19:44	00:46:05	00:45:27
101	Dorota	Kamień	156	K		K40	2	00:18:40	00:45:41	00:45:27
102	Adrian	Pliczewski	333	M		M20	14	00:19:45	00:45:57	00:45:39
103	Bogusław	Ksyna	213	M	OSP Kamion	M60	1	00:18:57	00:45:43	00:45:43
104	Ivan	Llorca	241	M	Venento Running	M30	45	00:19:53	00:46:24	00:45:44
105	Tomek	Zdanowski	485	M	TRIZARZA	M20	15	00:18:16	00:46:00	00:45:46
106	Jan	Nowak	300	M	Niezrzeszony	M50	7	00:19:26	00:46:01	00:45:48
107	Batosz	Pasela	324	M	Smashing pApkins	M30	46	00:19:15	00:46:06	00:45:48
108	Witold	Martynowski	265	M	Sokoł Bodzanów	M40	32	00:19:22	00:46:04	00:45:50
109	Robert	Pruchniak	347	M	zWarty	M40	33	00:19:15	00:46:07	00:45:53
110	Dariusz	Filipcuk	88	M		M50	8	00:19:18	00:46:06	00:45:54
111	Małgorzata	Matusiak	266	K		K20	3	00:19:14	00:46:18	00:45:54
112	Jakub	Kowalski	199	M	Trinergy	M30	47	00:19:50	00:46:41	00:45:59
113	Maciej	Mokrzewski	283	M		M20	16	00:20:02	00:46:33	00:46:05
114	Mariusz	Nazimek	295	M	Przybysze z Matplanety	M40	34	00:19:50	00:46:43	00:46:14
115	Katarzyna	Jonio	144	K	Kuźnia Triathlonu	K30	4	00:19:49	00:46:43	00:46:18
116	Tymoteusz	Iwańczuk	132	M		M30	48	00:20:43	00:46:54	00:46:32
117	Bartosz	Dobrowolski	72	M	Proptech Poland	M40	35	00:20:50	00:47:09	00:46:32
118	Jarek	Kaniewski	158	M		M30	49	00:19:15	00:47:04	00:46:35
119	Rafał	Grynfelder	118	M	skywalkproject.pl	M40	36	00:19:46	00:46:48	00:46:36
120	Katarzyna	Górecka	114	K	Zórawski Team	K40	3	00:19:37	00:46:48	00:46:38
121	Tomasz	Klepcki	175	M	Bieleński KB Warszawa	M60	2	00:19:58	00:46:54	00:46:39
122	Sebastian	Pobierzyn	337	M		M30	50	00:20:02	00:47:03	00:46:42
123	Sylvia	Liśkiewicz	240	K	Adidas Runners Warsaw	K40	4	00:19:53	00:46:43	00:46:43
124	Paweł	Kociszewski	181	M	Golden Rung Ultra Trila 100km	M30	51	00:20:18	00:47:18	00:46:48
125	Zbigniew	Szymczak	423	M	BIEGAM BO LUBIEŻ ZĄBKI TEAM	M40	37	00:19:40	00:47:04	00:46:50
126	Łukasz	Kaim	149	M		M30	52	00:19:12	00:47:12	00:46:51
127	Paweł	Kuciej	216	M		M30	53	00:19:25	00:47:12	00:46:52
128	Adrian	Szczekutowicz	406	M		M20	17	00:19:14	00:47:07	00:46:54
129	Artur	Kisiel	174	M		M30	54	00:19:16	00:47:10	00:46:54
130	Piotr	Kościuczuk	195	M	-----	M40	38	00:20:59	00:47:41	00:47:03
131	Bartłomiej	Gajc	95	M		M20	18	00:19:03	00:47:26	00:47:07
132	Michał	Kurcz	221	M		M30	55	00:19:52	00:47:46	00:47:13
133	Piotr	Kurnicki	223	M		M20	19	00:20:44	00:47:48	00:47:14
134	Rafał	Staszkowiak	401	M	Bractwo Biegowe BGK	M30	56	00:19:23	00:47:33	00:47:19
135	Jacek	Dudkiewicz	79	M	Trizarza	M30	57	00:19:53	00:47:33	00:47:22
136	Agata	Jarzembowicz	139	K	Trinergy Team	K30	5	00:20:00	00:47:49	00:47:28
137	Justyna	Kiedrowicz	173	K		K30	6	00:19:58	00:47:41	00:47:31
138	Kamil	Dudek	77	M		M30	58	00:19:28	00:47:41	00:47:32
139	Julita	Nesteruk	296	K		K30	7	00:19:47	00:47:50	00:47:33
140	Fabian	Kędziński	172	M	Zoli Runners	M40	39	00:20:42	00:48:03	00:47:34
141	Michał	Sieruga	379	M		M30	59	00:19:42	00:47:59	00:47:38
142	Mirosław	Artyszuk	8	M		M50	9	00:20:22	00:48:00	00:47:40
143	Maciej	Barszczewski	13	M	La-SKI Cross Country	M40	40	00:19:53	00:47:58	00:47:44
144	Tomasz	Czechoski	60	M		M30	60	00:20:01	00:48:04	00:47:44
145	Katarzyna	Mikołajczyk	276	K		K30	8	00:20:01	00:48:05	00:47:45
146	Tomasz	Kaim	150	M		M30	61	00:20:43	00:48:12	00:47:45
147	Karolina	Kosińska	191	K	Sama Sobie Ćwiczę :)	K30	9	00:19:54	00:47:59	00:47:45
148	Adam	Gas	102	M	Łosiowe Błota	M30	62	00:20:01	00:48:13	00:47:57
149	Ewa	Sławińska	382	K		K20	4	00:20:43	00:48:21	00:48:00
150	Robert	Gajowniczek	97	M		M40	41	00:19:59	00:48:34	00:48:06
151	Tadeusz	Goral	111	M	Kkb	M40	42	00:19:50	00:48:15	00:48:08
152	Paulina	Stępień	403	K	Husaria Race Team	K30	10	00:20:26	00:48:26	00:48:10
153	Ireneusz	Charlej	46	M		M40	43	00:19:59	00:48:27	00:48:11
154	Artur	Dębski	68	M		M40	44	00:20:00	00:48:34	00:48:12
155	Stanisław	Olbrys	307	M	KB Legionowo	M50	10	00:20:22	00:48:25	00:48:13
156	Marcin	Siwiak	380	M	PKP IC Running Team	M30	63	00:20:12	00:48:32	00:48:14
157	Maciej	Lipowski	236	M		M30	64	00:20:21	00:48:40	00:48:16
158	Mariusz	Wydra	478	M		M40	45	00:19:59	00:48:42	00:48:26
159	Darek	Dolega	73	M	Biegiem Radom!	M50	11	00:20:46	00:48:47	00:48:27
160	Katarzyna	Kawalec	166	K	Drużyna K	K30	11	00:20:35	00:48:55	00:48:30
161	Andrzej	Babiarz	10	M		M40	46	00:19:57	00:48:50	00:48:39
162	Piotr	Smietanski	383	M	Nasielsk Baszta Team	M30	65	00:21:17	00:49:21	00:48:40
163	Miłosz	Tkaczyk	431	M		M30	66	00:20:14	00:49:01	00:48:46
164	Robert	Rożek	361	M	NeonTeam	M40	47	00:20:34	00:49:10	00:48:55
165	Wiesław	Kamiński	157	M	Grupa Biegowa Park Run Warszawa	M50	12	00:20:12	00:49:21	00:48:59
166	Michał	Stanik	396	M	Neon Team	M40	48	00:20:37	00:49:24	00:49:00
167	Piotr	Stasiak	400	M		M30	67	00:21:01	00:49:38	00:49:07
168	Andrzej	Kolasa	183	M	Klub J.Słowackiego	M60	3	00:20:34	00:49:26	00:49:09
169	Emil	Duch	75	M	JB Warsaw	M30	68	00:21:59	00:49:47	00:49:15
170	Jan	Dybczynski	81	M		M50	13	00:21:29	00:49:43	00:49:18
171	Marcin	Bończak	32	M		M30	69	00:19:58	00:49:32	00:49:22

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Wyniki :

172	Rafał	Bieliński	696	M		M30	70	00:22:15	00:50:13	00:49:31
173	Monika	Garńska-Karamon	101	K	Biegam	K40	5	00:20:59	00:49:39	00:49:32
174	Mariola	Paprocka	320	K	RaceFighter	K30	12	00:20:37	00:49:51	00:49:33
175	Norbert	Pardo	323	M	ŁojWiele	M20	20	00:21:33	00:50:11	00:49:48
176	Izabela	Głogowska	109	K	Decathlon	K30	13	00:20:52	00:50:10	00:49:58
177	Izabela	Rosa	357	K	ROXY	K30	14	00:20:58	00:50:16	00:49:59
178	Mariusz	Zdunek	486	M	ROXY	M30	71	00:20:58	00:50:16	00:49:59
179	Andrzej	Łosiewicz	246	M		M40	49	00:21:29	00:50:24	00:49:59
180	Sławek	Waszczuk	453	M	heros2000	M40	50	00:21:36	00:50:26	00:50:07
181	Janusz	Ochab	302	M		M40	51	00:21:59	00:50:44	00:50:08
182	Maciej	Marczyk	260	M		M20	21	00:22:24	00:50:58	00:50:14
183	Marta	Trąbczyńska	438	K	Harcerze Mokotowa	K20	5	00:21:52	00:50:53	00:50:17
184	Piotr	Wnuk	463	M		M30	72	00:19:57	00:50:40	00:50:21
185	Krystyna	Rzymowska	368	K		K40	6	00:21:29	00:50:49	00:50:25
186	Marceli	Gawryś	104	M	Cwałujące Żółwie	M30	73	00:21:38	00:50:54	00:50:27
187	Dmitrii	Germanov	106	M		M30	74	00:22:00	00:50:58	00:50:27
188	Maksymilian	Gałęziowski	99	M		M20	22	00:19:39	00:50:51	00:50:28
189	Iza	Kuczynska	217	K		K40	7	00:21:52	00:51:00	00:50:30
190	Andrzej	Janiszewski	137	M	Cwałujące Żółwie	M30	75	00:21:38	00:51:00	00:50:33
191	Wojciech	Mucha	287	M		M30	76	00:21:38	00:50:59	00:50:34
192	Milena	Ojrzńska	304	K		K20	6	00:22:19	00:50:57	00:50:34
193	Wojciech	Dąbrowski	65	M		M30	77	00:21:35	00:51:12	00:50:35
194	Tomasz	Podgórski	338	M	#TeamHubson	M30	78	00:21:14	00:51:08	00:50:46
195	Marek	Wawrzyniak	456	M		M50	14	00:21:46	00:51:14	00:50:46
196	Magdalena	Trenda	439	K	Decathlon Reduta Team	K20	7	00:21:48	00:51:03	00:50:47
197	Jacek	Kulbaka	220	M		M40	52	00:21:43	00:51:12	00:51:01
198	Przemysław	Wydra	477	M		M20	23	00:20:55	00:51:16	00:51:01
199	Robert	Chwedorczyk	52	M		M40	53	00:21:43	00:51:45	00:51:10
200	Rafał	Kowalewski	198	M		M30	79	00:21:04	00:51:31	00:51:11
201	Renata	Tula	443	K	Mykmyk	K60	1	00:21:39	00:51:30	00:51:15
202	Dariusz	Sokolowski	388	M	Azs Warszawa	M40	54	00:21:35	00:51:57	00:51:20
203	Paweł	Grządziel	119	M	Parkrun Bródno	M40	55	00:21:03	00:51:46	00:51:25
204	Piotr	Stanisz	397	M	Legion Warszawa	M30	80	00:22:35	00:51:55	00:51:27
205	Marek	Ostrowski	312	M	Atman Runners	M40	56	00:22:07	00:52:01	00:51:30
206	Grzegorz	Jóźwik	145	M		M40	57	00:22:07	00:52:15	00:51:35
207	Aleksander	Konca	188	M	KB Ożarów Mazowiecki Biega	M20	24	00:21:07	00:52:08	00:51:37
208	Joanna	Myszka	290	K		K30	15	00:22:26	00:52:31	00:51:47
209	Mateusz	Ochrymowicz	303	M	OLX Running Team	M20	25	00:22:12	00:52:22	00:51:49
210	Darek	Urbańczyk	449	M	Randonneurs Polska	M40	58	00:22:26	00:52:34	00:51:52
211	Marcin	Witkowski	498	M	Zaszyci	M40	59	00:21:58	00:52:17	00:51:53
212	Aleksandra	Zgodzińska	487	K		K20	8	00:22:08	00:52:27	00:51:55
213	Rafał	Rusztecki	365	M	TasmanianDevil	M40	60	00:22:35	00:52:32	00:51:57
214	Jakub	Traczyk	437	M	TT Traczyk Team	M20	26	00:21:29	00:52:17	00:51:57
215	Kazimierz	Traczyk	436	M	TT Traczyk Team	M50	15	00:21:28	00:52:17	00:51:58
216	Marcin Saki	Sakwa	372	M	Wiśłany Mokotów	M30	81	00:23:24	00:52:45	00:52:01
217	Henia	Dziewulska	82	K	Rozbiegany Piastów	K50	1	00:22:17	00:52:23	00:52:03
218	Kamil	Chudecki	50	M	Vege Runners	M40	61	00:24:08	00:52:12	00:52:12
219	Joanna	Zboch	483	K		K40	8	00:21:54	00:52:28	00:52:12
220	Tomasz	Jagielski	134	M		M30	82	00:22:04	00:52:28	00:52:13
221	Agnieszka	Krupa	207	K		K40	9	00:22:14	00:52:36	00:52:20
222	Ewa	Rakowska	350	K	Lipiec Running Team	K30	16	00:21:51	00:52:42	00:52:23
223	Maja	Makowska	255	K	Team Aktywni z Cukrzycą	K20	9	00:22:17	00:52:53	00:52:29
224	Paweł	Sołtysiak	390	M	Polonia Warszawa	M40	62	00:23:22	00:53:06	00:52:30
225	Natalia	Filipowicz	89	K		K20	10	00:22:14	00:52:42	00:52:33
226	Ewa	Regulska	352	K		K30	17	00:22:14	00:52:41	00:52:33
227	Marcin	Kownacki	200	M		M30	83	00:21:53	00:52:52	00:52:38
228	Grzegorz	Klimowski	177	M		M40	63	00:22:37	00:53:16	00:52:39
229	Michał M.	Miszewski	281	M	Night Runners	M40	64	00:22:15	00:53:01	00:52:41
230	Agnieszka	Hojdys-Łopatka	127	K	Promotion Góra ŻAR	K30	18	00:22:14	00:52:57	00:52:41
231	Robert	Placzkiewicz	336	M	SOL3 SquadRUN	M30	84	00:22:05	00:53:18	00:52:45
232	Piotr	Olzacki	310	M		M30	85	00:24:22	00:53:16	00:52:49
233	Przemysław	Boniecki	31	M	Mikkeller Running Club	M30	86	00:22:34	00:53:22	00:52:51
234	Piotr	Ewertowski	84	M	MARKOWI BIEGACZE	M50	16	00:23:18	00:53:25	00:52:52
235	Renata	Grzechnik	120	K	SAMOTNA	K40	10	00:22:41	00:53:31	00:52:57
236	Agnieszka	Myszkiewicz-Kurkiewicz	291	K	PZU Sport Team	K30	19	00:22:18	00:53:27	00:53:08
237	Joanna	Tyskiewicz	446	K		K20	11	00:23:33	00:53:37	00:53:09
238	Tomasz	Magot	251	M		M30	87	00:22:50	00:53:48	00:53:13
239	Piotr	Starzewski	399	M		M50	17	00:22:18	00:53:51	00:53:15
240	Maciej	Jędrzejczak	143	M	NeON Team	M60	4	00:22:10	00:53:41	00:53:21
241	Aleksandra	Borządek	33	K	Legia Run Club	K20	12	00:22:43	00:53:45	00:53:26
242	Marcin	Dłużniewski	70	M		M40	65	00:23:24	00:54:09	00:53:29
243	Przemysław	Panaszewski	318	M		M20	27	00:22:29	00:54:05	00:53:36
244	Rafał	Stalmach	395	M	run-log.com	M40	66	00:22:20	00:54:14	00:53:51
245	Robert	Szulawski	417	M	KS Żoliborz	M40	67	00:22:52	00:54:48	00:53:55
246	Adam	Bera	19	M		M50	18	00:23:59	00:54:36	00:54:01
247	Emilia	Jędrej	142	K		K40	11	00:22:52	00:54:23	00:54:02
248	Marta	Pawelas	325	K		K30	20	00:22:55	00:54:23	00:54:04
249	Bogdan	Kowalczyk	196	M		M50	19	00:23:17	00:54:32	00:54:06
250	Emilia	Bzura	44	K		K40	12	00:22:26	00:54:37	00:54:12
251	Jacek	Szymański	421	M	Gapmont Running Team	M50	20	00:23:21	00:54:49	00:54:14
252	Tomasz	Stempel	402	M	Marysin Wawerski Biega	M40	68	00:23:42	00:54:58	00:54:18
253	Michał	Wojtkowiak	466	M		M20	28	00:22:05	00:54:30	00:54:21
254	Jakub	Kapuścik	159	M		M20	29	00:23:28	00:54:55	00:54:22
255	Jacek	Barwicki	14	M		M30	88	00:23:14	00:55:04	00:54:28
256	Katarzyna	Lepa	231	K		K30	21	00:23:44	00:54:57	00:54:34
257	Igor	Kuczynski	218	M	Aptekarz Warszawski	M40	69	00:23:24	00:55:10	00:54:37

Żoliborski Bieg Mikołajkowy

09-12-2018

Dystans: 10 km

Wyniki :

258	Janusz	Letachowicz	233	M		M60	5	00:23:46	00:55:27	00:54:48
259	Tomasz	Bednarski	18	M		M40	70	00:24:47	00:55:37	00:54:55
260	Adam	Brzeziński	34	M		M20	30	00:23:07	00:55:19	00:55:03
261	Mikołaj	Kozak	201	M		M30	89	00:21:42	00:55:18	00:55:10
262	Patryk	Zaleski-Ejgierd	497	M		M30	90	00:23:04	00:55:50	00:55:17
263	Paweł	Wójcik	472	M		M30	91	00:23:22	00:56:05	00:55:24
264	Małgorzata	Zalewska	481	K		K30	22	00:23:44	00:55:55	00:55:31
265	Krzysztof	Kaźmierczak	171	M	Decathlon Reduta Team	M20	31	00:23:45	00:56:15	00:55:33
266	Marta	Wawrzyniak	455	K	Decathlon Reduta Team	K20	13	00:23:46	00:56:17	00:55:35
267	Justyna	Trzaskowska	442	K		K30	23	00:24:30	00:56:20	00:55:38
268	Zofia	Szuba	414	K		K60	2	00:23:38	00:56:06	00:55:40
269	Mikołaj	Szwechowicz	419	M	OLX Running Team	M30	92	00:24:01	00:56:18	00:55:44
270	Piotr	Grochowski	115	M		M40	71	00:23:35	00:56:02	00:55:44
271	Grzegorz	Ignaciuk	131	M	ICRA Running Team	M40	72	00:23:45	00:56:19	00:55:53
272	Wojciech	Knap	161	M		M50	21	00:22:59	00:56:25	00:55:56
273	Michał	Lisowski	238	M		M30	93	00:24:43	00:56:35	00:55:57
274	Paweł	Pietryka	332	M	Investa	M30	94	00:24:42	00:56:35	00:55:57
275	Marek	Kaim	151	M		M50	22	00:23:21	00:56:11	00:55:59
276	Katarzyna	Muras	288	K	Warszawa Wilanów	K40	13	00:23:43	00:56:30	00:56:04
277	Krzysztof	Woźniak	469	M	Investa	M30	95	00:24:42	00:56:45	00:56:06
278	Marcin	Piwowarczyk	335	M		M40	73	00:24:01	00:56:44	00:56:12
279	Mariusz	Kutyłowski	225	M	Parkrun Bródno	M30	96	00:25:08	00:56:52	00:56:14
280	Daniel	Forysiak	91	M		M30	97	00:24:49	00:56:58	00:56:19
281	Paweł	Miłoszewski	279	M		M50	23	00:24:19	00:56:52	00:56:21
282	Kamil	Klimosz	176	M	Rybnik Thunders	M30	98	00:24:15	00:56:43	00:56:22
283	Paweł	Dudek	78	M		M40	74	00:25:03	00:57:03	00:56:25
284	Diana	Wtulich	476	K		K50	2	00:23:42	00:56:34	00:56:26
285	Katarzyna	Maksam	256	K		K20	14	00:22:48	00:56:45	00:56:28
286	Ewa	Hawryluk-Stasiak	123	K		K50	3	00:23:55	00:56:54	00:56:35
287	Katarzyna	Pawłowska	328	K		K40	14	00:23:41	00:57:09	00:56:40
288	Małgorzata	Kołodziejska	184	K		K40	15	00:24:34	00:57:20	00:56:43
289	Karolina	Kawalec	167	K	Drużyna K	K30	24	00:24:14	00:57:13	00:56:47
290	Paweł	Szarewicz	405	M		M30	99	00:22:50	00:57:05	00:56:50
291	Piotr	Zygadlo	490	M	Bieleński Słoń	M30	100	00:24:43	00:57:20	00:56:52
292	Jacek	Szymczak	424	M	BIEGam Bo Lubię Żąbki TEAM	M30	101	00:24:07	00:57:22	00:56:59
293	Karolina	Mierzwińska	273	K		K20	15	00:23:47	00:57:24	00:57:00
294	Michał	Snopczyński	384	M		M40	75	00:23:21	00:57:20	00:57:01
295	Dariusz	Manikalo	258	M	Neon	M40	76	00:23:36	00:57:42	00:57:02
296	Julia	Manikalo	257	K	Lipków	K20	16	00:23:35	00:57:41	00:57:04
297	Marek	Wróbel	474	M	Niezrzeszony-Łask	M60	6	00:24:52	00:57:46	00:57:07
298	Marcin	Furman	93	M		M20	32	00:23:41	00:58:05	00:57:11
299	Witold	Wasilewski	452	M		M30	102	00:24:33	00:58:05	00:57:31
300	Monika	Wasilewska	451	K		K30	25	00:24:32	00:58:06	00:57:34
301	Rafał	Gasinski	103	M		M30	103	00:24:49	00:58:13	00:57:41
302	Kamila	Gordon	112	K		K20	17	00:25:02	00:58:11	00:57:43
303	Paweł	Lesiakowski	232	M		M30	104	00:25:18	00:58:19	00:57:52
304	Izabela	Ksieniewicz-Kowalska	212	K	-	K50	4	00:24:45	00:58:29	00:58:07
305	Łukasz	Chrabalowski	49	M		M40	77	00:24:18	00:58:49	00:58:17
306	Edyta	Siemienuk	378	K	Nie Zrzeszony	K30	26	00:24:34	00:58:49	00:58:19
307	Monika	Ficoń	87	K		K40	16	00:24:57	00:58:38	00:58:21
308	Aneta	Wróbel	473	K	Mama	K30	27	00:24:06	00:58:33	00:58:22
309	Ireneusz	Goździkowski	113	M		M50	24	00:24:48	00:58:52	00:58:27
310	Mariusz	Augustyniak	9	M		M40	78	00:24:58	00:58:46	00:58:28
311	Ewelina	Mantorska	259	K		K30	28	00:25:01	00:58:57	00:58:29
312	Sławek	Nawrozidis	294	M		M40	79	00:25:04	00:58:59	00:58:29
313	Janusz	Bukowski	43	M	Stowarzyszenie Dać Siebie Innym	M60	7	00:24:07	00:58:39	00:58:31
314	Katarzyna	Szulc	418	K		K40	17	00:25:49	00:59:16	00:58:36
315	Halina	Szydłowska	420	K	OLX Running Team	K30	29	00:25:26	00:59:11	00:58:37
316	Iwona	Lipska	237	K		K40	18	00:25:47	00:59:14	00:58:37
317	Katarzyna	Karasiewicz	160	K		K40	19	00:25:47	00:59:15	00:58:38
318	Małgorzata	Łuczak	247	K	Runnersi ze Skarbka	K30	30	00:24:30	00:59:17	00:58:54
319	Piotr	Łuczak	248	M	PKO Bank Polski	M40	80	00:24:29	00:59:16	00:58:54
320	Paweł	Żurawski	494	M	Leniwce Team	M40	81	00:25:55	00:59:30	00:59:00
321	Filip	Budny	39	M	Decathlon Reduta Team	M20	33	00:25:04	00:59:24	00:59:07
322	Paweł	Sosna	391	M		M40	82	00:25:01	00:59:28	00:59:09
323	Marcin	Chudio	51	M		M20	34	00:22:11	00:59:34	00:59:10
324	Anna	Gomola-Paradowska	110	K	Power Training	K30	31	00:24:51	00:59:40	00:59:15
325	Agnieszka	Torzewska	434	K		K40	20	00:25:24	00:59:58	00:59:24
326	Piotr	Hucko	128	M		M40	83	00:24:43	01:00:13	00:59:29
327	Marek	Marek	261	M		M40	84	00:24:35	01:00:00	00:59:35
328	Dorota	Szostakowska-Balukin	411	K	Klub Biegacza RTV EURO AGD	K40	21	00:24:52	00:59:59	00:59:39
329	Jarosław	Bernaś	21	M	SGSP	M20	35	00:24:44	01:00:07	00:59:47
330	Waldemar	Gabarski	94	M	Veolia Warszawa	M50	25	00:25:52	01:00:29	00:59:47
331	Bartosz	Ścibiorek	425	M		M20	36	00:25:52	01:00:29	00:59:47
332	Piotr	Kołodziejski	185	M		M40	85	00:24:32	01:00:30	00:59:55
333	Bartosz	Tomaszewski	432	M	NeonTeam	M30	105	00:25:38	01:00:53	01:00:14
334	Andrzej	Kawka	169	M		M60	8	00:25:38	01:00:56	01:00:17
335	Joanna	Zawadzka-Nazimek	482	K	Przybysze z Matplanety	K30	32	00:25:09	01:00:49	01:00:21
336	Małgorzata	Szufel	416	K		K40	22	00:25:18	01:00:41	01:00:23
337	Przemek	Szramowski	413	M		M30	106	00:25:22	01:01:34	01:00:59
338	Sylvia	Lasecka	227	K		K30	33	00:25:08	01:01:37	01:01:02
339	Małgorzata	Roszkowska-Kazała	360	K	Adidas Runners Warsaw	K40	23	00:26:20	01:01:48	01:01:04
340	Renata	Żurawska	492	K	Leniwce Team	K40	24	00:26:00	01:01:34	01:01:04
341	Iwona	Kochman	180	K	Vege Runners	K50	5	00:25:45	01:01:15	01:01:10
342	Tomasz	Czwaro	61	M	Nocne Piłowanie Agrykolii	M40	86	00:26:01	01:01:38	01:01:16
343	Remigiusz	Jankowski	138	M		M50	26	00:26:03	01:01:48	01:01:19

Żoliborski Bieg Mikotajkowy

09-12-2018

Dystans: 10 km

Wyniki :

344	Roman	Marek	262	M	Ipn	M50	27	00:24:31	01:01:45	01:01:37
345	Gabriela	Latusek	228	K	Decathlon Reduta Team	K20	18	00:27:39	01:02:28	01:01:45
346	Andrzej	Kosiński	192	M		M60	9	00:26:11	01:02:28	01:01:51
347	Magdalena	Dobrowolska	71	K		K20	19	00:25:50	01:02:24	01:01:55
348	Grzegorz	Setnikowska	377	M		M60	10	00:27:04	01:02:35	01:01:58
349	Jerzy	Marszałek	263	M		M60	11	00:26:21	01:03:01	01:02:20
350	Beata	Konca	187	K	Kb Ożarów Mazowiecki Biega	K40	25	00:26:52	01:03:03	01:02:30
351	Kate	Wiśniewska	462	K	Indywidualistka	K40	26	00:26:24	01:03:10	01:02:33
352	Natalia	Cybis	54	K		K30	34	00:27:07	01:03:14	01:02:36
353	Tomasz	Tomaszewski	433	M		M50	28	00:27:52	01:03:23	01:02:46
354	Katarzyna	Balcerzak-Jaltuszewska	11	K		K30	35	00:26:07	01:03:17	01:02:54
355	Stanisława	Ferko-Czajkowska	86	K		K50	6	00:26:58	01:03:32	01:03:01
356	Katarzyna	Mruczyńska-Pietruczaniś	286	K	Wkurw_team /Aktywni Węgrów	K40	27	00:26:04	01:03:33	01:03:04
357	Marcin	Świerczyński	428	M		M30	107	00:27:47	01:04:29	01:03:49
358	Ewa	Rosak	358	K		K40	28	00:26:23	01:04:51	01:04:30
359	Marta	Leonkiewicz	230	K		K20	20	00:26:41	01:05:12	01:04:32
360	Piotr	Kazała	170	M	Adidas Runners Warsaw	M40	87	00:26:53	01:05:22	01:04:39
361	Barbara	Kolasa	182	K	Klub J.Słowackiego	K60	3	00:27:09	01:05:12	01:05:12
362	Jakub	Baumgart	15	M		M20	37	00:27:34	01:05:43	01:05:15
363	Grzegorz	Wiesiołek	460	M		M40	88	00:26:19	01:05:55	01:05:24
364	Lidia	Bodaszewska	28	K	Nessi Team	K50	7	00:26:14	01:05:30	01:05:30
365	Joanna	Jaworska	140	K	Rozbiegane	K30	36	00:26:14	01:05:32	01:05:32
366	Dominika	Adamaszek	1	K		K20	21	00:26:55	01:05:50	01:05:38
367	Kasia	Cieplak	53	K		K30	37	00:28:04	01:06:18	01:05:43
368	Jolanta	Klusek	178	K	Adidas Runners Warsaw	K40	29	00:27:32	01:06:02	01:06:02
369	Marta	Grycko	117	K		K40	30	00:27:20	01:06:18	01:06:11
370	Wiesława	Higersberger	124	K		K50	8	00:28:00	01:07:24	01:06:58
371	Joanna	Ślęzyk	426	K		K20	22	00:27:55	01:07:38	01:07:16
372	Paweł	Mazur	267	M		M40	89	00:27:21	01:07:54	01:07:20
373	Dota	Szyborska	422	K	Tcw	K40	31	00:27:00	01:08:03	01:07:36
374	Gabi	Kraszkiewicz	206	K		K40	32	00:27:00	01:08:03	01:07:37
375	Anna	Rewicka	355	K	Triclub	K30	38	00:28:16	01:08:18	01:08:09
376	Wiesława	Rusin	364	K		K30	39	00:30:16	01:09:06	01:08:35
377	Marek	Majewski	254	M	Zaszyci	M30	108	00:28:18	01:09:30	01:09:03
378	Damian	Wojcik	464	M		M40	90	00:28:17	01:09:31	01:09:05
379	Mariusz	Naskręt	293	M		M40	91	00:28:00	01:10:04	01:09:53
380	Eugeniusz	Moszkowicz	284	M	Kondycja	M60	12	00:28:36	01:10:35	01:10:06
381	Kasia	Mrówka	285	K	Husaria Race Team	K30	40	00:28:38	01:10:57	01:10:23
382	Magdalena	Rolewska	356	K		K30	41	00:30:56	01:11:10	01:10:52
383	Patrycja	Postek	344	K	Decathlon Reduta	K20	23	00:28:50	01:11:44	01:11:03
384	Jadwiga	Ólszewska	308	K	Interrisk	K50	9	00:28:50	01:11:46	01:11:25
385	Wojciech	Gil	107	M	Warszawa	M40	92	00:30:04	01:12:14	01:11:34
386	Maria	Niepiekło	297	K	-	K50	10	00:31:16	01:14:14	01:13:47
387	Mariusz	Siwiński	381	M		M40	93	00:29:07	01:14:22	01:13:48
388	Justyna	Prężyna	346	K		K20	24	00:29:51	01:15:00	01:14:19
389	Mateusz	Mierzyński	274	M		M20	38	00:30:03	01:15:12	01:14:31
390	Monika	Pałuba	317	K		K40	33	00:30:57	01:15:40	01:15:22
391	Jacek	Ólszewski	309	M		M60	13	00:32:56	01:23:12	01:22:51
392	Józef	Higersberger	125	M		M60	DNF	00:29:07	DNF	DNF
393	Sylwia	Majewicz	252	K		K20	DNF	00:39:31	DNF	DNF
394	Mariusz	Czarnota	59	M	Wtorpol Triathlon Team	M30	DNF	00:50:13	DNF	DNF