

XI (Górski) Bieg ENTRE
Park Moczydło, 18 listopada 2017 r.
dystans: 10km
WYNIKI

MSC	IMIĘ	NAZWISKO	NR	PŁEĆ	KLUB	KAT.	MSC/K AT.	1/3	2/3	CZAS	NETTO
1	SEBASTIAN	POLAK	106	M	KB ACTIVESPORTS WARSZAWA	M30	1	00:09:19	00:22:23	00:35:11	00:35:11
2	JAN	POPLAWSKI	201	M	NEON TEAM	M20	1	00:10:11	00:23:48	00:36:56	00:36:56
3	ANDRZEJ	MIEDZIEJEWSKI	84	M	WPRUNNING	M30	2	00:09:39	00:23:25	00:37:00	00:37:00
4	JAN	CZAPLIŃSKI	222	M	KOMOBIKE SCOTT	M30	3	00:09:38	00:23:40	00:38:02	00:38:02
5	KRZYSIEK	BRZAŃKALSKI	11	M	ADIDAS RUNNERS WARSAW	M20	2	00:10:11	00:24:25	00:38:44	00:38:43
6	DOMINIK	BOGDANOWICZ	6	M	AZS AWF WARSZAWA	M20	3	00:10:00	00:24:37	00:39:35	00:39:35
7	ADAM	SKOREK	125	M		M30	4	00:10:27	00:25:09	00:39:50	00:39:50
8	TOMASZ	JAWORSKI	185	M		M30	5	00:10:36	00:25:22	00:39:58	00:39:57
9	MARCIN	WOJEWÓDZKI	157	M	WOJEWÓDZCY TEAM	M20	4	00:10:18	00:25:19	00:40:21	00:40:21
10	BARTOSZ	SMOLIK	203	M	ORLEN POŁUDNIE	M20	5	00:10:34	00:25:52	00:40:30	00:40:30
11	ŁUKASZ	KANCIĄŁA	53	M	GRUPA BIEGOWA PARKRUN WARSZAWA	M30	6	00:10:36	00:25:38	00:40:35	00:40:34
12	KACPER	MILLER	195	M	DYSTANS LESZNO	M20	6	00:09:58	00:25:20	00:40:43	00:40:43
13	DAMIAN	OPAŁKA	196	M		M30	7	00:10:00	00:25:23	00:41:02	00:41:01
14	HUBERT	GRONOWSKI	42	M	WIELISZEW HERON TEAM	M20	7	00:10:18	00:25:44	00:41:02	00:41:02
15	MARIUSZ	BIŃCZYCKI	4	M	KB IM. P. SĘKOWSKIEGO PŁOŃSKU	M30	8	00:10:37	00:25:53	00:41:03	00:41:02
16	ROBERT	MICHAŁSKI	83	M	12TRI.PL	M30	9	00:10:57	00:26:09	00:41:06	00:41:05
17	ARKADIUSZ	NOWAK	94	M		M20	8	00:11:17	00:26:38	00:41:11	00:41:08
18	ŁUKASZ	WOJTYNA	158	M	12TRI.PL	M30	10	00:11:07	00:26:17	00:41:16	00:41:12
19	KAMIL	ONISK	98	M	MKB DERPTAK	M20	9	00:10:26	00:26:01	00:41:34	00:41:33
20	LUBOMIR	LUBAS	76	M	TRINERGY TEAM	M40	1	00:11:06	00:26:35	00:41:37	00:41:37
21	PAWEŁ	ZEMBURA	211	M		M30	11	00:10:51	00:26:10	00:41:50	00:41:46
22	PIOTR	BOGUSZ	8	M	HUWDU	M40	2	00:10:59	00:26:16	00:42:03	00:42:01
23	ARKADIUSZ	STAROBRAT	130	M	ALETEMPO	M40	3	00:11:04	00:26:36	00:42:25	00:42:24
24	JAN	SKAWSKI	124	M	VEGAS - WĘGORZEWO RUNNING	M40	4	00:11:18	00:27:13	00:42:45	00:42:43
25	TAMARA	MIELOCH	193	K		K40	1	00:11:37	00:27:16	00:43:03	00:43:01
26	SŁAWOMIR	KURZAWA	190	M	T-MOBILE RUNNING TEAM	M50	1	00:11:23	00:27:28	00:43:13	00:43:12
27	TOMASZ	PRZYBYSZ	110	M		M20	10	00:10:38	00:26:44	00:43:18	00:43:18
28	KAMIL	KALINOWSKI	52	M		M20	11	00:11:28	00:27:40	00:43:28	00:43:25
29	PIOTR	KWITOWSKI	74	M	OBOZYBIEGOWE.PL	M30	12	00:11:09	00:27:36	00:43:29	00:43:28
30	MICHAŁ	JASNOWSKI	47	M		M30	13	00:10:58	00:27:09	00:43:38	00:43:36
31	FABIAN	CLAJOT	22	M	FC GRABOWA	M20	12	00:11:23	00:27:35	00:43:47	00:43:47
32	WOJTEK	CZAJKOWSKI	25	M	BIEGAJ POD OKIEM TRENERA	M30	14	00:11:03	00:27:34	00:43:47	00:43:47
33	ANDRZEJ	ZALEWSKI	160	M	TEAM NUTRILITE	M60	1	00:11:17	00:27:39	00:44:07	00:44:05
34	MATEUSZ	PUDŁO	112	M	HUSARIA RACE TEAM	M20	13	00:11:18	00:27:56	00:44:10	00:44:08
35	ROBERT	SENGER	121	M	LTT LIPUSZ	M30	15	00:11:40	00:28:08	00:44:10	00:44:08
36	KOSTIANTYN	KORSAKOV	64	M	-	M40	5	00:11:35	00:28:01	00:44:29	00:44:23
37	PIOTR	SZRAJNER	37	M	ENTRE.PL TEAM	M40	6	00:10:55	00:27:50	00:44:31	00:44:31
38	MATEUSZ	ZGODA	163	M	NAPRZÓD MŁOCINY	M20	14	00:11:30	00:28:18	00:44:39	00:44:38
39	MARCIN	DĄBAL	28	M	SŁOWIANIN	M30	16	00:11:43	00:28:21	00:44:53	00:44:50
40	TOMASZ	DUDA	181	M		M30	17	00:11:54	00:28:22	00:44:54	00:44:50
41	JAN	CZAJKOWSKI	23	M	POWER TRAINING	M30	18	00:11:22	00:28:19	00:44:59	00:44:57
42	JACEK	BZURA	16	M	LEGIA RUN CLUB	M40	7	00:11:05	00:26:56	00:45:08	00:45:08
43	RAFAŁ	RUZIK	117	M	TRIPower.PL	M30	19	00:11:38	00:28:37	00:45:22	00:45:15
44	KONRAD	KOSECKI	65	M	BIEGAM BO LUBIĘ ZĄBKI TEAM/TRICLUB	M30	20	00:12:27	00:28:58	00:45:34	00:45:24
45	TOMASZ	GAŁĄZKA	183	M		M30	21	00:11:40	00:28:50	00:45:38	00:45:33
46	MAREK	CZAJKOWSKI	24	M	WARSZAWA-ZOLIBORZ	M40	8	00:11:41	00:28:37	00:45:49	00:45:47
47	EWA	MACHUL	215	K	DREAM RUN	K30	1	00:11:51	00:28:48	00:46:00	00:45:56
48	MICHAŁ	SZYSZKO	206	M		M30	22	00:12:20	00:29:36	00:46:04	00:45:59
49	PIOTR	JAWORSKI	49	M	BIEGAM NA ZIELONEJ BIAŁOLEŃCE	M40	9	00:11:25	00:28:50	00:46:04	00:46:03
50	JACEK	LUDWICZAK	191	M	BIEGANIE PO PARKU KRAJOBRAZOWYM	M40	10	00:11:52	00:29:07	00:46:12	00:46:12
51	BARBARA	ROSIŃSKA	114	K	STO-NOGI MILANÓWEK	K50	1	00:11:42	00:28:49	00:46:14	00:46:13
52	ŁUKASZ	TOMASZKIEWICZ	143	M	KLUB KOLARSKI ŁOWICZ	M30	23	00:12:04	00:29:20	00:46:29	00:46:27
53	MAREK	PYZ	113	M	OFF-ROAD RUNNERS BENEFIT SYSTEMS	M30	24	00:13:23	00:30:21	00:46:39	00:46:29
54	PAWEŁ	POMASKI	107	M	POMASCY BIEGAJĄ	M40	11	00:12:17	00:29:40	00:46:43	00:46:41
55	JAKUB	PŁÓCIENNICZAK	216	M	DREAM RUN	M40	12	00:11:47	00:29:00	00:46:52	00:46:49
56	MARTA	JASTRZĘBSKA-MAJAK	48	K	TEAM BIEGAJ POD OKIEM TRENERA	K20	1	00:12:01	00:29:35	00:46:55	00:46:55
57	WOJCIECH	GAŁCZYŃSKI	35	M	STARSTROOPERS	M40	13	00:12:30	00:29:46	00:46:55	00:46:49
58	JACEK	BUDZIK	175	M	WKURW_TEAM	M30	25	00:12:11	00:29:40	00:47:01	00:46:55
59	ROBERT	BARTCZAK	2	M		M40	14	00:11:38	00:29:07	00:47:04	00:47:02
60	ANNA	KOPYTOWSKA	63	K	ADIDAS RUNNERS WARSAW	K30	2	00:12:12	00:29:47	00:47:17	00:47:15
61	BOGDAN	PIĄTEK	103	M	LECHICI ZIELONKA	M60	2	00:12:34	00:30:00	00:47:17	00:47:14
62	JACEK	ŚWIERCZ	141	M	BYLEDOBIEC ANIN	M40	15	00:12:03	00:29:34	00:47:23	00:47:17
63	GRZEGORZ	MARCHEWKA	79	M		M30	26	00:13:01	00:30:28	00:47:31	00:47:23
64	KRZYSIEK	ZALEWSKI	161	M		M30	27	00:12:23	00:30:06	00:47:37	00:47:31
65	MARCIN	TROCHIMCZYK	207	M	-	M20	15	00:13:02	00:30:49	00:47:39	00:47:29
66	LIDIA	JUCHNIEWICZ	51	K	KUŹNIA TRIATHLONU	K30	3	00:12:20	00:30:09	00:47:54	00:47:49
67	KRZYSZTOF	PRZYBYSZ	221	M		M40	16	00:12:49	00:30:50	00:48:05	00:48:04
68	MARCIN	WALCZYK	208	M	JK7	M30	28	00:12:38	00:30:15	00:48:10	00:48:03
69	PAWEŁ	KANIA	54	M	BIEGAM NA TARCHOMINIE	M40	17	00:12:51	00:30:27	00:48:10	00:48:01
70	IWONA	ŚWIERCZ	140	K	BYLEDOBIEC ANIN	K40	2	00:12:25	00:30:18	00:48:17	00:48:15
71	ARTUR	GRONCZEWSKI	184	M	FMW RUNNERS	M40	18	00:12:27	00:30:17	00:48:19	00:48:16
72	MICHAŁ	WODZIŃSKI	156	M		M30	29	00:12:52	00:30:54	00:48:28	00:48:21
73	JAN	KRAJCZEWSKI	70	M	IMPULS WARSZAWA	M20	16	00:12:28	00:30:21	00:48:31	00:48:24
74	ANNA	GADOMSKA	213	K	PZU SPORT TEAM	K30	4	00:12:31	00:30:28	00:48:34	00:48:29
75	ALBERT	BIAŁKOWSKI	3	M	TRIPower.PL	M40	19	00:12:20	00:30:24	00:48:45	00:48:42
76	TOMASZ	CZECHOSKI	26	M	ENTRE.PL TEAM	M30	30	00:12:44	00:30:48	00:48:54	00:48:52
77	ROBERT	PASZKOWSKI	99	M	KU AZS WAT WARSZAWA	M40	20	00:12:23	00:30:24	00:48:56	00:48:52

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78	TOMASZ	ŻYŁOWSKI	169	M		M40	21	00:12:33	00:30:50	00:48:58	00:48:52
79	ARTUR	MICHALCZYK	82	M		M50	2	00:12:39	00:30:48	00:48:59	00:48:54
80	MARIUSZ	WAŻNY	151	M		M40	22	00:12:48	00:30:55	00:49:06	00:49:01
81	CEZARY	MALISZEWSKI	78	M	DENAT WARSZAWA	M50	3	00:12:29	00:30:35	00:49:07	00:49:04
82	MAGDALENA	PERCHALUK	101	K	ENTRE.PL TEAM	K30	5	00:12:44	00:30:48	00:49:10	00:49:08
83	RADEK	SAWICKI	120	M	DZIKIE GRUBASY SZATANA	M30	31	00:12:00	00:30:33	00:49:12	00:49:10
84	TOMASZ	BIERNACKI	171	M		M40	23	00:12:28	00:30:51	00:49:14	00:49:10
85	JOANNA	CIEŚLUK	21	K		K20	2	00:12:39	00:30:51	00:49:18	00:49:16
86	MICHAŁ	BOGUCKI	173	M		M20	17	00:12:21	00:30:28	00:49:18	00:49:13
87	MATEUSZ	GAWLAS	223	M		M30	32	00:13:08	00:31:11	00:49:19	00:49:12
88	PAWEŁ	DRZEWIŃSKI	220	M		M40	24	00:12:42	00:31:00	00:49:25	00:49:17
89	JAN	NARTOWSKI	92	M	MORT!	M50	4	00:12:33	00:30:53	00:49:27	00:49:23
90	PAWEŁ	SAMORAJ	119	M	PAN	M20	18	00:12:50	00:30:43	00:49:27	00:49:23
91	JAN	NOWAK	95	M		M50	5	00:12:42	00:31:17	00:49:40	00:49:37
92	MARCIN	CHIM	19	M		M40	25	00:13:06	00:31:19	00:49:41	00:49:30
93	RADOSŁAW	WIŚNIEWSKI	209	M		M40	26	00:12:40	00:31:11	00:49:46	00:49:43
94	MONIKA	GAŃSKA-KARAMON	36	K	BIEGAM	K40	3	00:13:15	00:31:40	00:49:46	00:49:41
95	TOMASZ	SKALSKI	123	M	SCANIA	M50	6	00:13:18	00:31:48	00:49:48	00:49:46
96	MAGDA	CIOŁCZYK	176	K		K30	6	00:12:44	00:31:06	00:49:49	00:49:44
97	KAMILA	GALA	217	K	NAPRZÓD MŁOCINY	K30	7	00:12:52	00:31:32	00:50:21	00:50:19
98	KRZYSZTOF	BUDZYŃSKI	13	M		M30	33	00:12:56	00:31:37	00:50:25	00:50:21
99	MARCIN	KOWALSKI	68	M		M30	34	00:13:34	00:31:41	00:50:29	00:50:19
100	ARKADIUSZ	FILIPOWICZ	33	M		M40	27	00:12:32	00:31:02	00:50:32	00:50:29
101	ANDRZEJ	BRZOZOWSKI	174	M	WKZ	M60	3	00:13:21	00:32:04	00:50:45	00:50:41
102	MARCIN	CHUDIO	20	M	ADIDAS RUNNERS WARSAW	M20	19	00:13:27	00:32:08	00:50:49	00:50:40
103	KAMILA	PRZEPIEŚĆ	109	K	THE LUZERS	K30	8	00:13:44	00:32:38	00:50:59	00:50:56
104	RAFAŁ	ZIELIŃSKI	166	M	KUŹNIA TRIAHLONU	M40	28	00:13:15	00:32:17	00:51:07	00:51:01
105	RADOSŁAW	ZIELIŃSKI	165	M	STARE BABICE BIEGAJĄ	M30	35	00:13:36	00:32:25	00:51:10	00:51:01
106	ULA	PRZYGODA	111	K	KK ŁOWICZ	K30	9	00:13:12	00:32:11	00:51:13	00:51:06
107	DANIEL	SZCZEPANIK	137	M		M40	29	00:13:48	00:32:40	00:51:21	00:51:11
108	IRENEUSZ	CHARLEJ	17	M	WIECZORNE BIEGANIE W SZCZECINIE	M40	30	00:13:18	00:32:32	00:51:27	00:51:22
109	ADAM	ZABORSKI	210	M	TUNIA TEAM	M40	31	00:12:47	00:31:50	00:51:30	00:51:24
110	MARCIN	PIĘTKA	104	M	GKS FENIX SIENNICA	M20	20	00:13:03	00:32:07	00:51:34	00:51:25
111	PRZEMYSŁAW	KRAJEWSKI	71	M	LECZO TEAM	M40	32	00:13:19	00:32:46	00:51:44	00:51:33
112	JOANNA	PETASZKO	102	K		K40	4	00:14:02	00:33:14	00:51:52	00:51:47
113	MONIKA	TURCZYŃSKA	146	K	LECZO TEAM	K40	5	00:13:32	00:32:39	00:51:58	00:51:49
114	BARTŁOMIEJ	KOWALSKI	67	M	WKURW_TEAM	M20	21	00:14:44	00:33:50	00:52:00	00:51:50
115	KONRAD	SZCZĘŚNY	138	M	GÓRSKIE KLESZCZE	M40	33	00:14:45	00:33:35	00:52:00	00:51:47
116	ALEKSANDRA	SZAFRAŃSKA	135	K	WATAHA	K20	3	00:13:22	00:32:59	00:52:04	00:51:57
117	STANISŁAW	BIL	212	M	ITM ADVENTURE TEAM	M30	36	00:13:23	00:32:52	00:52:07	00:52:01
118	JAKUB	BAL	170	M		M20	22	00:15:11	00:35:11	00:52:13	00:52:02
119	MONIKA	STERNICKA	204	K	ADIDAS RUNNERS WARSAW	K30	10	00:12:58	00:32:48	00:52:14	00:52:12
120	ANNA	GONCEREWICZ	218	K	STARE BABICE BIEGAJĄ	K30	11	00:13:41	00:33:02	00:52:24	00:52:15
121	MAREK	BŁACHUT	5	M	AKADEMIA WOJSK ŁĄDOWYCH WROCŁAW	M40	34	00:12:21	00:31:54	00:52:30	00:52:30
122	MARIA	MURZYN	90	K		K30	12	00:13:56	00:33:27	00:52:55	00:52:55
123	RENATA	TULA	145	K	MYKMYK	K60	1	00:13:53	00:33:25	00:53:06	00:53:00
124	MAŁGORZATA	SZADURA	134	K	WIELISZEW HERON TEAM	K50	2	00:13:29	00:33:15	00:53:10	00:53:04
125	JACEK	SAWA	219	M		M40	35	00:13:46	00:33:45	00:53:22	00:53:17
126	MAŁGORZATA	KOWALSKA	189	K	NAPRZÓD MŁOCINY	K20	4	00:13:14	00:33:28	00:53:24	00:53:21
127	MAREK	ZGLEJSZEWSKI	162	M	DOBRA WOLA II	M30	37	00:14:53	00:34:53	00:53:24	00:53:12
128	MAŁGORZATA	BALAKOWSKA	1	K		K40	6	00:13:18	00:33:14	00:53:25	00:53:22
129	DOROTA	MACIEJEC	192	K		K40	7	00:14:06	00:34:04	00:53:48	00:53:39
130	ROBERT	WASILEWSKI	150	M	WARSZAWA	M40	36	00:14:37	00:34:39	00:53:53	00:53:45
131	ANNA	PAWŁOWSKA-POJAWA	197	K	BYLEDOBIEC ANIN	K40	8	00:13:40	00:33:37	00:53:57	00:53:51
132	BEATA	BOGUCKA	7	K	DYSTANS LESZNO	K20	5	00:14:20	00:34:38	00:54:16	00:54:13
133	ADAM	LOSEK	214	M		M20	23	00:16:22	00:36:10	00:54:22	00:54:11
134	TADEUSZ	GÓRAL	15	M	KKB	M40	37	00:12:21	00:32:54	00:54:23	00:54:23
135	LESZEK	DONIGIEWICZ	31	M	PGB POCZTA POLSKA	M60	4	00:14:00	00:34:02	00:54:31	00:54:23
136	ARTUR	ŻEBRAKOWSKI	168	M	SPARTAN RACE TRAINING GROUP RZESZÓW	M30	38	00:14:31	00:34:29	00:54:32	00:54:25
137	EWELINA	KOLAJ	187	K		K30	13	00:14:06	00:34:25	00:54:42	00:54:36
138	ANNA	SULEJ	205	K		K30	14	00:14:24	00:34:35	00:54:45	00:54:33
139	MIROSLAW	MAJCAK	77	M		M40	38	00:13:27	00:33:42	00:54:48	00:54:42
140	DARIUSZ	SOKOŁOWSKI	126	M	AZS WARSZAWA	M40	39	00:14:33	00:34:57	00:54:58	00:54:47
141	MARIOLA	SIKORSKA	122	K	LECZO TEAM	K40	9	00:14:46	00:35:19	00:54:58	00:54:50
142	ZBYSZEK	KŁOS	58	M	TAK SOBIE BIEGAM-PIASTÓW	M50	7	00:14:47	00:34:59	00:55:10	00:55:00
143	MICHAŁ	GOŁĘBIOWSKI	40	M		M40	40	00:15:14	00:35:41	00:55:18	00:55:05
144	ADAM	CHEĆ	18	M	-	M30	39	00:14:21	00:34:45	00:55:27	00:55:15
145	ZDZISŁAW	NIEWIADOMSKI	93	M		M60	5	00:14:22	00:35:08	00:55:34	00:55:29
146	NICHOLAS	FURNIVAL	34	M	CLUB FURNIVAL	M40	41	00:15:19	00:36:10	00:55:44	00:55:33
147	TELMO	DIZ	30	M		M40	42	00:15:19	00:36:10	00:55:45	00:55:32
148	KRZYSZTOF	ŚPIEWAK	139	M		M40	43	00:14:52	00:35:33	00:55:59	00:55:47
149	MICHAŁ	MISZEWSKI	87	M	NIGHT RUNNERS	M30	40	00:14:48	00:35:51	00:56:11	00:56:01
150	IVO	VUCO	159	M	MARATHON BROTHERS	M40	44	00:13:55	00:34:36	00:56:12	00:56:09
151	KRZYSZTOF	DRÓŻNY	179	M	DYSTANS LESZNO	M50	8	00:14:24	00:35:16	00:56:32	00:56:28
152	TOMASZ	STEMPEL	131	M	MARYSIN WAWERSKI BIEGA	M40	45	00:15:02	00:35:46	00:56:36	00:56:23
153	MARIUSZ	BOROWSKI	10	M	COLBERG	M30	41	00:15:03	00:35:28	00:56:38	00:56:26
154	JANUSZ	BUKOWSKI	14	M	STOWARZYSZENIE DAĆ SIEBIE INNYM	M60	6	00:14:19	00:35:03	00:56:42	00:56:40
155	MACIEJ	MIESZKOWSKI	86	M		M50	9	00:15:06	00:35:55	00:56:44	00:56:32
156	EDYTA	MILA	194	K	-	K40	10	00:14:51	00:35:48	00:56:45	00:56:40

XI (Górski) Bieg ENTRE
Park Moczydło, 18 listopada 2017 r.
dystans: 10km
WYNIKI

157	ROBERT	JÓZWIK	50	M	ARSUN	M40	46	00:14:14	00:35:52	00:57:01	00:56:54
158	PIOTR	ZYGADŁO	167	M	BIELAŃSKI SŁOŃ	M30	42	00:15:13	00:36:01	00:57:04	00:57:00
159	AGATA	WICIK	152	K	DYSTANS LESZNO	K30	15	00:14:24	00:35:59	00:58:11	00:58:07
160	MARCIN	GOŁĘBIEWSKI	39	M		M30	43	00:15:01	00:36:56	00:58:23	00:58:11
161	JUSTYNA	TRZASKOWSKA	144	K		K30	16	00:15:40	00:37:17	00:58:35	00:58:21
162	WOJCIECH	WIĘCZKOWSKI	153	M	HUSARIA RACE TEAM	M40	47	00:15:13	00:37:02	00:58:39	00:58:31
163	DOMINIKA	MIZIAŁEK	88	K		K20	6	00:15:14	00:37:02	00:58:39	00:58:30
164	ALICJA	PRANDOTA	202	K		K20	7	00:15:09	00:37:03	00:59:03	00:58:56
165	CYPRIAN	ROSIŃSKI	115	M		M20	24	00:14:10	00:35:52	00:59:04	00:59:04
166	ROMAN	MAREK	80	M	IPN	M50	10	00:14:25	00:36:44	00:59:13	00:59:10
167	WOJCIECH	GIL	38	M	WARSZAWA	M40	48	00:15:41	00:37:30	00:59:16	00:59:08
168	MARCIN	STĘPIEŃ	133	M		M30	44	00:15:16	00:37:20	00:59:24	00:59:17
169	ANDRZEJ	DĄBROWSKI	29	M	1957	M60	7	00:14:38	00:37:10	00:59:40	00:59:30
170	KAMILA	SPALIŃSKA	129	K		K30	17	00:14:44	00:37:14	00:59:43	00:59:36
171	KATARZYNA	PAWŁOWSKA	100	K		K40	11	00:14:32	00:36:43	00:59:49	00:59:42
172	ANNA	KARŁOWICZ	55	K	WOLNA WOLA WARSZAWA	K60	2	00:15:49	00:38:06	01:00:23	01:00:15
173	MAGDALENA	PILARSKA	105	K		K30	18	00:16:30	00:39:00	01:00:37	01:00:25
174	ERYK	JERZAK	186	M		M50	11	00:15:29	00:37:43	01:00:58	01:00:47
175	WITOLD	NACZULSKI	91	M	GRUPA BIEGOWA CHTMO	M30	45	00:15:37	00:37:48	01:01:01	01:00:51
176	KATARZYNA	WIŚNIEWSKA	154	K	INDYWIDUALISTKA	K40	12	00:16:13	00:38:52	01:01:06	01:00:57
177	MICHAŁ	POLAK	200	M		M30	46	00:15:43	00:38:34	01:01:36	01:01:28
178	MARIIA	DUBYNA	180	K		K20	8	00:15:48	00:38:56	01:01:58	01:01:48
179	ANNA	ELSNER	182	K	POŚWIETNE	K30	19	00:15:37	00:38:53	01:02:00	01:01:52
180	PIOTR	SOTOWSKI	128	M		M30	47	00:15:37	00:38:19	01:02:08	01:01:59
181	BARBARA	SOTOWSKA	127	K		K30	20	00:15:37	00:38:18	01:02:09	01:02:00
182	JACEK EXPEDYT	DOMAŃSKI	178	M	WKB META LUBLINIEC	M70	1	00:16:38	00:39:54	01:02:37	01:02:29
183	MACIEJ	HENZEL	44	M	KU AZS WAT WARSZAWA	M40	49	00:15:03	00:38:44	01:02:55	01:02:51
184	JUSTYNA	CZYŻ	177	K	-	K30	21	00:16:14	00:41:33	01:07:08	01:06:59
185	ROBERT	PAWŁOWSKI	198	M		M50	12	00:16:06	00:41:32	01:07:35	01:07:21
186	DARIUSZ	WALCZUK	148	M	NIEPOCZYTAJNI	M40	50	00:17:43	00:42:58	01:07:38	01:07:25
187	IZA	S.	118	K		K40	13	00:17:44	00:42:57	01:07:44	01:07:30
188	ROBERT	PAWŁOWSKI	199	M		M20	25	00:16:20	00:41:35	01:07:53	01:07:40
189	EUGENIUSZ	MOSZKOWICZ	89	M	KONDYCJA	M70	2	00:16:48	00:42:10	01:08:20	01:08:13
190	JACEK	NOWORYTA	97	M	ASA TEAMBIEGIEM PO ZDROWIE	M70	3	00:17:45	00:43:08	01:09:36	01:09:26
	KAROL	KOSIACKI	188	M		M30	1	00:14:29			DNF